



CAPITAL ONE ACADEMIC ALL-AMERICA® TEAM SELECTED BY COSIDA

FOR RELEASE:

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PAULA FERREIRA OF COLUMBIA COLLEGE TOPS CAPITAL ONE ACADEMIC ALL-AMERICA® COLLEGE DIVISION VOLLEYBALL TEAM

TOWSON, Md. – Junior setter **Paula Ferreira** of Columbia (Mo.) College leads the 2011 Capital One Academic All-America® College Division Volleyball Team, as selected by the College Sports Information Directors of America (CoSIDA).

Ferreira, who has a 4.0 G.P.A. as an International Business major, was chosen as the winner of the Capital One Academic All-America® of the Year award.

The Capital One College Division Academic All-America® volleyball team is comprised of student-athletes from NAIA, Canadian and two-year institutions.

Ferreira, a junior setter, earned NAIA All-America honors for the third consecutive time. The Rio de Janeiro, Brazil native was a third-team All-American as a freshman and has been a first-team selection the past two seasons. She was also named as the NAIA National Player of the Year as a sophomore.

For the second year in a row, Ferreira was honored as the 2011 American Midwest Conference Setter and Player of the Year. She was named as the National Player of the Week twice this year and led the Cougars with 1,450 assists, averaging 11.33 per set. She also had 195 kills, 44 service aces, 60 blocks and 291 digs while helping Columbia to a 39-4 record and a berth in the semi-finals of the NAIA National Championship Tournament.

Ferreira was one of three players on the Capital One Academic All-America® Volleyball first team to compete in the recently completed NAIA National Championship Tournament held in Sioux City, Iowa. Senior outside hitter **Kelsey Pritchard** led No. 15 Taylor University and senior outside hitter **Ciciley Fox** led No. 7 College of Idaho into the national tournament.

A History and International Studies major with a 3.67 G.P.A., Pritchard was an NAIA All-America first-team selection in 2011 after earning second team honors twice. Pritchard, the 2010 and 2011 Mid-Central College Conference Player of the Year, was named to the all-conference first team each of the last four years. She ranked fourth in the NAIA this season with 567 kills and finished her career with 2,310 kills, the second highest total in school history. Named as the AVCA NAIA Mideast Region Co-Player of the Year, she led Taylor to a 31-9 record and a final No. 15 NAIA national ranking. As a senior, she had 406 digs to go along with 53 blocks.

Fox led No. 7 College of Idaho to its best-ever finish as the Yotes (27-5) reached the quarterfinals of the NAIA Tournament. A Health Science major with a 3.92 G.P.A., she led the Yotes with 382 kills while earning All-Cascade Conference first team notice for the second time. She had a .244 hitting percentage with 127 digs and 38 total blocks. A native of Challis, Idaho, she was a four-time CCC Player of the Week selection.

A Biology major with a 3.98 G.P.A., senior middle hitter **Karie Altman** led Madonna University to a 30-10 record as the Crusaders advanced to the semi-finals of the Wolverine-Hoosier Athletic Conference Tournament. Honored as a third team NAIA All-American as a senior, she was named as a first team All-WHAC pick twice. As a senior, Altman led the WHAC in attack percentage (.385) and kills per set (4.1) while ranking third in total kills (456) and fourth in blocks per set (0.9). Her hitting percentage was the fourth best in the NAIA while she ranked ninth in kills per set.

Junior outside hitter **Lindsey Oberacker** led Point Park University to a 36-6 record and a berth in the NAIA national tournament. A Biology major with a 3.94 G.P.A., she was an honorable mention NAIA All-American. Oberacker was also named to the AVCA All-Northeast Region first team and the All-American

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Mideast Conference first team. Named as the AMC Player of the Year, she ranked fifth in the NAIA with 556 total kills. While averaging 3.92 kills per set, she ranked 18th nationally. She led the Pioneers with a .318 hitting percentage, 378 digs, 110 blocks and 58 service aces. She was named all-conference three times.

Senior libero **Vanessa Lawrenz** led Park University to a 22-11 mark this season as the Pirates advanced to the semi-finals of the American Midwest Conference Tournament. Lawrenz has a double major in Finance and Marketing with a 4.00 G.P.A. She finished eighth in the NAIA with 5.94 digs per set and 20th in the nation with 695 total digs. One of the most decorated defensive players in program history, Lawrenz is the Pirates' single season leader in digs. In her career, she had 1,176 digs, the sixth-highest total in Park history. A native of Rochester, Minn., she was honored as the 2011 AMC Libero of the Year.

Junior setter **Desiree Erikson** of Doane College has a double major in Biology and Chemistry with a 3.99 G.P.A. An honorable mention All-Great Plains Athletic Conference selection, she led the Tigers to a 29-6 record and the finals of the Great Plains Athletic Conference Tournament. A native of Comstock, Neb., Erikson posted 1,062 assists, 282 digs and 27 service aces.

The seven members of the Capital One Academic All-America® College Division Volleyball first team have an average G.P.A. of 3.93.

Senior **Jessica Cooper** and junior **Leslie Welch** of Shorter University lead the Capital One Academic All-America® College Division Volleyball second team. Seniors **Betsy Brown** of Taylor, **Yiting Cao** of Spring Hill and **Marguerite Hanna** of Asuza Pacific round out the second team.

With junior **Ali Swart's** selection to the Capital One Academic All-America® College Division Volleyball third team, Taylor University has three players on the Academic All-America® College Division teams. Seniors **Stephanie Kruggel** of Dakota State, **Sarah Smith** of Lee and **Joy Talcott** of Biola were also named to the Capital One Academic All-America® College Division Volleyball third team. Juniors **Kendra Fiddler** of Milligan and **Lauren Percival** of Mount Vernon Nazarene complete the third team.

About Capital One

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To be eligible for Academic All-America® consideration, a student-athlete must be a varsity starter or key reserve, maintain a cumulative G.P.A. of 3.30 on a scale of 4.00, have reached sophomore athletic and academic standings at his/her current institution and be nominated by his/her sports information director.

Since the program's inception in 1952, CoSIDA has bestowed Academic All-America honors on more than 14,000 student-athletes in Divisions I, II, III and NAIA, covering all NCAA championship sports.

For more information about the Academic All-America® Teams program, please visit www.cosida.com.

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Capital One 2011 Academic All-America® College Division Volleyball Team

COLLEGE DIVISION: Academic All-American of the Year: Paula Ferreira, Columbia (Mo.)

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Karie Altman (3)	Madonna	Sr.	Taylor, Mich.	3.98	Biology
Desiree Erikson	Doane	Jr.	Comstock, Neb.	3.99	Biology, Chemistry
Paula Ferreira	Columbia (Mo.)	Jr.	Rio de Janeiro, Brazil	4.00	International Business
Ciciley Fox	College of Idaho	Sr.	Challis, Idaho	3.92	Health Sciences
Vanessa Lawrenz	Park	Sr.	Rochester, Minn.	4.00	Finance, Marketing
Lindsey Oberacker	Point Park	Jr.	Erie, Pa.	3.94	Biology
Kelsey Pritchard	Taylor	Sr.	Indianapolis, Ind.	3.67	International Studies, History

SECOND TEAM

Name	School	Yr.	Hometown	GPA	Major
Betsy Brown	Taylor	Sr.	Adrian, Mich.	3.51	Elementary Education
Yiting Cao	Spring Hill	Sr.	Shanghai, China	3.32	Graphic Design
Jessica Cooper	Shorter	Sr.	Grant, Ala.	3.89	Early Childhood Education
Marguerite Hanna	Azusa Pacific	Sr.	Aldie, Va.	3.84	Applied Health
Leslie Welch	Shorter	Jr.	LaFayette, Ga.	4.00	Psychology

THIRD TEAM

Name	School	Yr.	Hometown	GPA	Major
Kendra Fiddler	Milligan	Jr.	Colorado Springs, Col.	3.94	Cross-Cultural Studies
Stephanie Kruggel	Dakota State	Sr.	Winthrop, Minn.	3.80	Elementary Education
Lauren Percival	Mount Vernon Nazarene	Jr.	Elyria, Ohio	3.74	Chemistry (Pre-Medicine)
Sarah Smith	Lee	Sr.	Ooltewah, Tenn.	3.82	Psychology
Ali Swart	Taylor	Jr.	Oostburg, Wisc.	3.96	Health & Physical Education
Joy Talcott	Biola	Sr.	San Clemente, Calif.	3.94	Mathematics

(3) CoSIDA Academic All-America® College Division third team selection in 2010

