



CAPITAL ONE ACADEMIC ALL-AMERICA® TEAM **SELECTED BY COSIDA**

FOR RELEASE:

Thursday, Dec. 1 – 5 p.m. (EDT)

GOALKEEPER BRIAN HOLT OF CREIGHTON, FORWARD KRISTA LOPEZ OF OKLAHOMA STATE HEADLINE CAPITAL ONE ACADEMIC ALL-AMERICA® DIVISION I SOCCER TEAMS

TOWSON, Md. – Senior goalkeeper **Brian Holt** of Creighton University and senior forward **Krista Lopez** of Oklahoma State University lead the 2011 Capital One Academic All-America® Division I Men's and Women's Soccer Teams, as selected by the College Sports Information Directors of America (CoSIDA).

Holt and Lopez have been chosen as the winners of the Capital One Academic All-America® of the Year award for the Division I men's and women's soccer teams, respectively.

A Finance major with a 3.73 G.P.A., Holt was named as the Capital One Academic All-America® of the Year in Division I after leading second-seeded and second-ranked Creighton (20-2) into the NCAA Division I Men's Soccer Cup quarterfinals against South Florida (13-3-4) on Saturday, Dec. 3. The Bluejays reached 20 wins for the second time in school history and extended their unbeaten home streak to 14 matches.

A native of Omaha, Neb., Holt had his shutout streak ended at 816:44 in the match against UC Santa Barbara, the longest consecutive scoreless minute streak in school history. It topped his previous best, set earlier this season.

The 2011 Missouri Valley Conference Goalkeeper of the Year, Holt will graduate in December with degrees in both Finance and Entrepreneurship. He is a finalist for the Lowe's Senior CLASS Award and a two-time MVC Scholar-Athlete First-Teamer. Holt was a second-team MVC selection in 2009 and 2010, and honorable mention in 2008.

The record-setting goalkeeper owns the school and MVC records for career Goals Against Average (0.63), shutouts (43) and wins (56). He has played more minutes (1,973) than any player in school history and currently leads the NCAA with a 0.23 Goals Against Average and 91.5 save percentage. His first eight starts in 2011 were shutouts and he has 15 on the season.

A Management and Accounting major with a 4.00 G.P.A., Lopez, led Oklahoma State to the NCAA Elite Eight and a 22-2-2 record, the best mark in school history. A senior from Carrollton, Texas, Lopez finished her career as the fifth-leading scorer in school history with 27 goals. She is also tied for sixth with 18 career assists and ranks seventh with 72 career points. A two-time All-Big 12 Conference first team selection, she scored four goals in a first round NCAA Tournament game against Arkansas Little Rock, becoming the first Cowgirl in history to score four goals in a single game. Lopez, who was the first Big 12 player to record four goals in a match since 2009, also set OSU's single-game record by collecting eight points.

Lopez tied for seventh in the Big 12 in points (24), goals (8) and assists (8). She had four-game winning goals, tying for the league lead. She was the NSCAA National Player of the Week on Sept. 7. She was named to the Trojan Invitational all-tournament team and to the Big 12 Championship all-tournament team.

Five members of the Capital One Academic All-America® Men's Soccer Division I first team earned Academic All-America® honors last season. Senior midfielder **Christopher Tweed-Kent** of Duke and senior forward **Heath Melugin** of Missouri State were named to the second team last season. Senior forward **Brent Richards** of Washington, senior defender **Adam Still** of Southern Methodist and senior midfielder **Sam Miller** of the U.S. Naval Academy were named to the third team last year.

The first team midfield includes **Matt Kuhn** of Drake University, along with Miller and Tweed-Kent.

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Tweed-Kent, a Mechanical Engineering major with a 3.84 G.P.A. in Mechanical Engineering, led Duke with 12 assists and added six goals for 24 points. A former walk-on from Pittsfield, Mass., he has started all but three games for the Blue Devils during his career. Tweed-Kent led the Atlantic Coast Conference in assists in 2009.

Miller had one assist for the U.S. Naval Academy which finished 7-7-4 this season. A Mechanical Engineering major with a 3.95 G.P.A., the Tulsa, Okla. native ranks 19th on the Academic Order of Merit (out of 1,135) in the Academy's senior class. A three-time member of the Patriot League Academic Honor Roll, Miller has service-selected Explosive Ordinance Disposal (EOD) after graduation.

A graduate student with a 4.00 G.P.A., Kuhn graduated with a degree in Accounting major. He led the team in goals (11), points (26) and game-winners (3) while ranking third in shots (44) and shots on goal (20). He was named to the all-Missouri Valley Conference first team for the second time. A native of Raytown, Mo., Kuhn led Drake to an 11-8-1 record and the MVC tournament semifinals.

Ranked 24th in the nation, Duke was the only school with more than one first team selection as junior forward **Andrew Wegner** joined Tweed-Kent on the first team. The 2011 Atlantic Coast Conference Offensive Player of the Year, Wenger is the first player in ACC history to earn three major awards. Named as the ACC Freshman of the Year in 2009, he was named as the ACC Defensive Player of the Year last season. A History major with a 3.42 G.P.A., Wegner is a two-time all-ACC first team performer. A native of Lititz, Pa., Wenger was a first-team NSCAA and College Soccer News All-American last season. In 2011, he scored 17 goals and had 42 points to lead Duke to the second round of the NCAA Men's Soccer Cup.

Wegner was joined by Melugin and Richards as forwards on the Academic All-America® Men's Soccer Division I first team.

An Extended Pre-Major major with a 3.73 G.P.A., Richards led Washington in goals for the fourth consecutive year. A two-time All-Pacific 12 first team selection, he scored ten goals with five assists for 25 points. He scored five game-winning goals and was a perfect three-for-three on penalty kicks. The Camas, Wash., native finished his career as the tenth-leading scorer in school history with 31 goals and 77 points.

The winner of the Missouri Valley Conference Men's Soccer Elite 18 Award, Melugin is a Cell and Molecular Biology major with a 3.97 G.P.A. A three-time Missouri Valley Conference all-tournament selection, Melugin led Missouri State to a 9-8-2 record and a berth in the MVC championship game. The Bears' top scorer with six goals and five assists, he was named first team All-MVC.

Seniors **Matt Horn** of Winthrop and **Bobby Smith** of Bradley join junior **Chad Barson** of Akron and Still on the Capital One Academic All-America® Men's Soccer defense.

A three-year starter on defense at Winthrop, Horn was the 2010 Big South Scholar-Athlete of the Year. A Biology major with a 3.93 G.P.A., Horn is a finalist for the Lowe's Senior CLASS award. A starter in all 18 games for the Eagles, the Mooresville, N.C. native was nominated for the prestigious Rhodes Scholarship.

Another finalist for the Lowe's Senior CLASS Award in men's soccer, Smith is a two-time Missouri Valley Conference Scholar-Athlete recipient. With a 3.93 G.P.A., he will graduate in four years from Bradley's 5-year Accounting 3:2 program, which grants both a bachelor's degree and master's degree upon its completion. In his career, Smith started 73 of his 78 games, scoring a goal and three assists while playing on defense. The Springfield, Ill., native led the Braves to back-to-back NCAA Men's Soccer Championship appearances for the first time ever. Bradley had a 15-6-2 this year and advanced to the second round of the NCAA Tournament.

A Biology major with a 3.99 G.P.A., Barson has started every game of his collegiate career at center defender for Akron. A native of Lewis Center, Ohio, he is a two-time All Mid-American Conference first team choice who helped the Zips win the NCAA championship last year. In 2011, Barson led Akron to a 15-4-4 record and a berth in the third round of the NCAA Men's Soccer Cup.

A Business Administration major with a 3.91 G.P.A., Still was a team captain at Southern Methodist and led the Mustangs to a 13-7-1 record and their first Conference-USA championship since 2006. A three-year starter on defense, the Colleyville, Texas native helped SMU reach the second round of the NCAA College Cup.

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The Capital One Academic All-America® Men's Soccer Division I first team had an average G.P.A. of 3.86, highlighted by Kuhn's 4.0 G.P.A.

Lopez and senior midfielder **Kelly Frierson** of Auburn are the only repeat first team selections on the Capital One Academic All-America® Women's Soccer Division I first team.

In addition, senior midfielder **Melanie Baskind** of Harvard was named to the second team in 2010.

A Political Science major with a 3.94 G.P.A., Frierson finished her career as Auburn's all-time leading scorer with 31 goals, 42 assists and 104 points. Only the fifth player in Southeastern Conference history to earn first team All-SEC four times, she led Auburn to its first-ever SEC Tournament championship. She scored two goals in a 3-2 title game win over Florida and was named as the SEC Tournament Most Valuable Player. Frierson, who is seventh in the NCAA with 13 assists, was named the 2011 SEC Scholar Athlete of the Year.

A unanimous selection as the Ivy League Player of the Year, Baskind led Harvard to a 13-5-2 record and the Ivy League championship. A Neurobiology major with a 3.76 G.P.A., she tied for the Ivy League lead with 24 points, scoring eight goals with eight assists. A native of Framingham, Mass., she earned All-Ivy honors four years in a row. The team captain of the Crimson, she finished her career with 27 goals, 25 assists and 79 points, sixth in program history.

Joining Lopez as forwards on the first team are **Abi Cottam** of Rider University and **Laura Heyboer** of Michigan State University.

A junior from Leominster, England, Cottam is a Psychology major with a 4.00 G.P.A. She was named first team All-Metro Atlantic Athletic Conference in 2011 after leading the MAAC with 14 goals, 11 assists and 39 points, leading Rider to its best record (9-6-4) since 2004. Cottam is sixth in the nation in points per game (2.17), and eighth in assists per game. She is the fourth-leading scorer in school history with 22 career goals. Her 19 career assists are just one shy of the school record.

A Kinesiology major with a 3.56 G.P.A., Heyboer finished her career as the all-time leading scorer in Michigan State history. A four-time All-Big Ten Conference first team selection, Heyboer helped Michigan State win a program-best seven Big Ten games this season. She is only one of five players to be named first team All-Big Ten four times in her career. She will graduate with school records for goals scored (57), assists (25), points (139) and game-winning goals (19). A native of Hudsonville, Mich., she is the fourth-leading scorer in Big Ten history. She scored 18 goals as a senior, the eighth-highest mark in NCAA Division I.

A Biology major with a 3.92 G.P.A., senior **Adelaide Gay** of the University of North Carolina is the first team goalkeeper. Gay started the final 18 games of the season and compiled had a goals against average of 0.40 while saving 85.2 percent of the shots against her. It was the lowest goals against average in a season for a Tar Heel goalkeeper since 2006. The Skillman, N.J., native also went 495 minutes and 16 seconds without allowing a goal between Sept. 16 and Nov. 12. Gay played 900 minutes for UNC and gave up only four goals while helping North Carolina to a 13-5-2 record.

Anina Cicerone of Western Michigan join Baskin and Frierson on the Capital One Academic All-America® Division I first team midfield.

A Bio-medical major with a 3.96 G.P.A., Cicerone tied the Western Michigan single season record by scoring nine goals. A first team All-Mid-American Conference selection, she helped the Broncos tie a school record with 14 victories as a senior. A native of Bloomfield Hills, Mich., she earned all-tournament honors at the MAC Tournament as Western Michigan finished as the MAC runner-up.

On defense, the University of Denver placed two student-athletes on the first team, senior **Kari Storslett** and junior **Katy Van Lieshout**. **Hillary Blake** of Eastern Illinois and **Megan Dean** of North Dakota State round out the first team.

Storslett and Van Lieshout led Denver to a 16-5 record and a berth in the semi-finals of the Sun Belt Conference Tournament. They were leaders of a defense that posted ten shutouts and allowed 0.89 goals per game.

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A Physics and Electrical Engineering major with a 3.97 G.P.A., Storslett was named to the Sun Belt Commissioner's List four times. In her career, she played 89 of 90 games and is part of a senior class that posted the fourth-highest win total in school history. A native of Bakersfield, Cal., Storslett was honored as Denver's Scholar-Athlete of the Year in 2009.

A Mechanical Engineering major with a 3.98 G.P.A., Van Lieshout has been named to the Sun Belt Commissioner's List three times. A native of Boulder, Col., she was named first team All-Sun Belt Conference as a sophomore in 2010. In her career, she has scored 12 goals with nine assists and has seven game-winning goals.

An Accounting major with a 4.00 G.P.A., Blake started in 67 of 76 careers games at Eastern Illinois. She played 1596 minutes as a senior, the third-highest total on the team. She helped EIU post six shutouts. In her career, the Naperville, Ill. native logged 6,189 minutes, the second highest total in school history.

An Exercise Science major with a 3.95 G.P.A., Dean started all 21 games at North Dakota State, leading Bison to a 15-4-2 record which included a school record 11 shutouts. A native of Inner Grove Heights, Minn., Dean helped North Dakota State finish as Summit League runners-up.

The 11 members of the Capital One Academic All-America® Division I Women's Soccer first team had an average G.P.A. of 3.913.

About Capital One

Capital One Financial Corporation (www.capitalone.com) is a financial holding company whose subsidiaries, which include Capital One, N.A. and Capital One Bank (USA), N. A., had \$122.2 billion in deposits and \$197.5 billion in total assets outstanding as of December 31, 2010. Headquartered in McLean, Virginia, Capital One offers a broad spectrum of financial products and services to consumers, small businesses and commercial clients. Capital One, N.A. has approximately 1,000 branch locations primarily in New York, New Jersey, Texas, Louisiana, Maryland, Virginia and the District of Columbia. A Fortune 500 company, Capital One trades on the New York Stock Exchange under the symbol "COF" and is included in the S&P 100 index.

Capital One, an NCAA Corporate Champion, began its affiliation with college sports with the sponsorship of the 2001 Capital One Florida Citrus Bowl (now the Capital One Bowl) and ESPN's Capital One Bowl Week. In 2010, Capital One launched the Capital One Cup, a prestigious new program rewarding NCAA Division I athletics programs for their cumulative on-field performance across multiple men's and women's sports. In addition, Capital One sponsors the ABC College Football Halftime Report, Capital One All-America Mascot Team, all 88 NCAA Championships including the Division I Men's and Women's Basketball Championships, and numerous other collegiate athletics programs.

To be eligible for Academic All-America® consideration, a student-athlete must be a varsity starter or key reserve, maintain a cumulative G.P.A. of 3.30 on a scale of 4.00, have reached sophomore athletic and academic standings at his/her current institution and be nominated by his/her sports information director.

Since the program's inception in 1952, CoSIDA has bestowed Academic All-America honors on more than 14,000 student-athletes in Divisions I, II, III and NAIA, covering all NCAA championship sports.

For more information about the Academic All-America® Teams program, please visit www.cosida.com.

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Academic All-America® Coordinator, Division I Publicity



2011 Capital One Academic All-America®

Men's Division I Soccer Team

as selected by CoSIDA

FIRST TEAM

Pos.	Name	School	Yr.	Hometown	GPA	Major
GK	Brian Holt	Creighton	Sr.	Omaha, Neb.	3.73	Finance
D	Chad Barson	Akron	Jr.	Lewis Center, Ohio	3.99	Biology
D	Matt Horn	Winthrop	Sr.	Mooreville, N.C.	3.93	Biology
D	Bobby Smith	Bradley	Sr.	Springfield, Ill.	3.93	Accounting
D	Adam Still (3)	Southern Methodist	Sr.	Colleyville, Texas	3.91	Business Administration
M	Matt Kuhn	Drake	Gr.	Raytown, Mo.	4.00	Accounting
M	Sam Miller (3)	U.S. Naval Academy	Sr.	Tulsa, Okla.	3.95	Mechanical Engineering
M	Christopher Tweed-Kent(2)	Duke	Sr.	Pittsfield, Mass.	3.84	Mechanical Engineering
F	Heath Melugin (2)	Missouri State	Sr.	Springfield, Mo.	3.97	Cell & Molecular Biology
F	Brent Richards (3)	Washington	Sr.	Camas, Wash.	3.73	Extended Pre-Major
F	Andrew Wenger	Duke	Jr.	Lititz, Pa.	3.42	History

SECOND TEAM

Pos.	Name	School	Yr.	Hometown	GPA	Major
GK	Scott Goodwin	North Carolina	Jr.	Raleigh, N.C.	3.95	Biology
D	Nicholas Dundon (3)	La Salle	Sr.	Horsham, Pa.	3.85	Biology
D	Daniel Tweed-Kent	Duke	Sr.	Pittsfield, Mass.	3.78	Mechanical Engineering
D	Jace Peters	Creighton	Sr.	Glenwood, Iowa	3.61	Biology
D	Sean Ryan	Xavier (Ohio)	Sr.	Hilliard, Ohio	3.92	Economics & Finance
M	Perez Agaba (1)	IUPUI	Sr.	Kampala, Uganda	4.00	Biomedical Engineering
M	Phillip Aseweh	Liberty	Sr.	Navrongo, Ghana	3.71	Accounting
M	Scott Caldwell	Akron	Jr.	Braintree, Mass.	3.95	Accounting
F	Parker Duncan	Memphis	Sr.	Johnson City, Tenn.	3.88	Biology
F	Ethan Finlay	Creighton	Sr.	Marshfield, Wis.	3.41	Finance
F	Chandler Hoffman	UCLA	Jr.	Birmingham, Ala.	3.74	Communication Studies

THIRD TEAM

Pos.	Name	School	Yr.	Hometown	GPA	Major
GK	David Meves (3)	Akron	Jr.	Arlington Heights, Ill.	3.78	Corporate Financial Mgmt.
D	Nick Alers	Yale	So.	San Jose, Costa Rica	3.96	Economics, Political Science
D	Mustafa Chopan	UC Davis	Jr.	Citrus Heights, Calif.	3.96	Neurobiology, Phys. & Behavior
D	Greg Macnamara	Davidson	Sr.	Arlington, Va.	3.75	Mathematics, Economics
D	Levi Rossi	New Mexico	Jr.	Denver, Colo.	3.79	Psychology
M	James Carroll	Elon	Sr.	Charlotte, N.C.	3.98	Computer Science, Physics
M	Timo Foerster	S. Carolina Upstate	Sr.	Oberkirk, Germany	3.96	Accounting
M	Eric Wooten	U.S. Naval Academy	Jr.	Woodbridge, Va.	3.81	Honors Systems Engineering
F	Tyler Riggs	Kentucky	So.	Louisville, Ky.	3.91	Mechanical Engineering
F	Mark Sherrod	Memphis	So.	Knoxville, Tenn.	3.59	Civil Engineering
F	Alvaro Torrecilla	Iona	Jr.	Madrid, Spain	3.98	International Business

Capital One Academic All-America® of the Year: Brian Holt, Creighton

- (1) Capital One Academic All-America® University Division first team in 2010
- (2) Capital One Academic All-America® University Division second team in 2010
- (3) Capital One Academic All-America® University Division third team in 2010



2011 Capital One Academic All-America®

Women's Division I Soccer Team

as selected by CoSIDA

FIRST TEAM

Pos.	Name	School	Yr.	Hometown	GPA	Major
GK	Adelaide Gay	North Carolina	Sr.	Skillman, N.J.	3.92	Biology
D	Hillary Blake	Eastern Illinois	Sr.	Naperville, Ill.	4.00	Accounting
D	Megan Dean	North Dakota State	Sr.	Inver Grove Hts., Minn.	3.95	Exercise Science
D	Kari Storslett	Denver	Sr.	Bakersfield, Calif.	3.97	Physics
D	Katy Van Lieshout	Denver	Jr.	Boulder, Colo.	3.98	Mechanical Engineering
M	Melanie Baskind (2)	Harvard	Sr.	Framingham, Mass.	3.76	Neurobiology
M	Anina Cicerone	Western Michigan	Jr.	Bloomfield Hills, Mich.	3.96	Bio-medical Science
M	Katy Frierson (1)	Auburn	Sr.	Homewood, Ala.	3.94	Political Science
F	Abi Cottam	Rider	Jr.	Leominster, England	4.00	Psychology
F	Laura Heyboer	Michigan State	Sr.	Hudsonville, Mich.	3.56	Kinesiology
F	Krista Lopez (1)	Oklahoma State	Sr.	Carrollton, Texas	4.00	Management, Accounting

SECOND TEAM

Pos.	Name	School	Yr.	Hometown	GPA	Major
GK	Natalie Kulla	Marquette	Sr.	St. Louis, Mo.	3.56	Civil Engineering
D	Shannon Algoe	Buffalo	Jr.	Lockport, N.Y.	4.00	Business Admin., Mgmt.
D	Bethany Allport	Central Michigan	Sr.	Lima, N.Y.	3.97	Finance
D	Bri Cagle (3)	Georgia State	Sr.	Houston, Texas	4.12	History
D	Kerry McBride	Marquette	Sr.	Elm Grove, Wis.	3.52	Civil Engineering
M	Jessica Abshire	East Carolina	Sr.	Wake Forest, N.C.	4.00	Elementary Education
M	Amber Brooks	North Carolina	Jr.	New Hope, Pa.	3.77	Communications
M	Teresa Noyola (3)	Stanford	Sr.	Palo Alto, Calif.	3.52	Math & Computational Science
F	Dana Larsen	Baylor	Jr.	Mequon, Wis.	4.00	Biochemistry
F	Laurie Nosbusch	Wisconsin	Sr.	Mequon, Wis.	4.00	Spanish, Biology
F	Kelly Reinwald (2)	Canisius	Sr.	Stafford, Va.	3.92	Finance

THIRD TEAM

Pos.	Name	School	Yr.	Hometown	GPA	Major
GK	Stefanie Turner	Central Michigan	Jr.	Livonia, Mich.	3.96	Biology, Biomedical Sciences
D	Kathleen Beljan	Dayton	Sr.	Hilliard, Ohio	3.46	Chemical Engineering
D	Bailey Brandon	Central Michigan	Jr.	Livonia, Mich.	3.93	Law, Economics
D	Maddy Haller	Duke	Jr.	South Salem, N.Y.	3.56	History, African American Studies
D	Kendall VanDine	Fresno State	Sr.	Brea, Calif.	3.90	Communicative Disorders
M	Bethany Johnston	Baylor	Sr.	McKinney, Texas	4.00	Biochemistry
M	Dylan Jordan	Mississippi	Sr.	Palmyra, Tenn.	4.00	Exercise Science
M	Mallory Schaffer	William & Mary	Jr.	Allison Park, Pa.	3.61	Biology, Pre-Med
F	Jillian Birchmeier	Morehead State	Sr.	Findlay, Ohio	4.00	Finance
F	Caroline Brown	Tennessee	So.	Hershey, Pa.	3.90	Communications
F	Maya Hayes	Penn State	So.	West Orange, N.J.	3.35	Kinesiology

Capital One Academic All-America® of the Year: Krista Lopez, Oklahoma State

- (1) Capital One Academic All-America® University Division first team in 2010
- (2) Capital One Academic All-America® University Division second team in 2010
- (3) Capital One Academic All-America® University Division third team in 2010