



FOR IMMEDIATE RELEASE: May 19, 2011

Capital One Academic All-District ® Women's At-Large Teams Released

The 2010-11 Capital One Academic All-District ® Women's At-Large Teams, selected by the College Sports Information Directors of America, have been released to recognize the nation's top student-athletes for their combined performance on the floor and in the classroom.

The Academic All-District ® teams include the student-athletes listed on the following pages and are divided into eight geographic districts across the United States and Canada. The University Division team includes NCAA Division I participants, while the College Division team combines NCAA Division II, NCAA Division III, NAIA, Canadian and two-year schools.

First-team Academic All-District ® honorees advance to the Capital One Academic All-America® Team ballot, where first-, second- and third-team All-America honorees will be selected later this month.

About Capital One

Capital One Financial Corporation (www.capitalone.com) is a financial holding company whose subsidiaries, which include Capital One, N.A. and Capital One Bank (USA), N. A., had \$122.2 billion in deposits and \$197.5 billion in total assets outstanding as of December 31, 2010. Headquartered in McLean, Virginia, Capital One offers a broad spectrum of financial products and services to consumers, small businesses and commercial clients. Capital One, N.A. has approximately 1,000 branch locations primarily in New York, New Jersey, Texas, Louisiana, Maryland, Virginia and the District of Columbia. A Fortune 500 company, Capital One trades on the New York Stock Exchange under the symbol "COF" and is included in the S&P 100 index.

Capital One, an NCAA Corporate Champion, began its affiliation with college sports with the sponsorship of the 2001 Capital One Florida Citrus Bowl (now the Capital One Bowl) and ESPN's Capital One Bowl Week. In 2010, Capital One launched the Capital One Cup, a prestigious new program rewarding NCAA Division I athletics programs for their cumulative on-field performance across multiple men's and women's sports. In addition, Capital One sponsors the ABC College Football Halftime Report, Capital One All-America Mascot Team, all 88 NCAA Championships including the Division I Men's and Women's Basketball Championships, and numerous other collegiate athletics programs.

###





2010-11 Academic All-District Women's At-Large Team District 1

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Chelsea Beck	WAGNER	I	Jr.	Reading, Pa.	3.99	Psychology
Erin Betsch	MARIST	I	Sr.	Port Washington, N.Y.	4.00	Psychology / special education
Nikki Branchini	ALBANY	I	Sr.	Guilderland, N.Y.	3.83	History
Maire Dineen	MAINE	I	Sr.	Toronto, Ontario	3.87	Economics / international affairs
Amy Glen	VERMONT	I	Jr.	Anchorage, Alaska	4.00	Biology
Elizabeth Guiney	NEW HAMPSHIRE	I	So.	Park City, Utah	4.00	Genetics
Casey Kelsey	BROWN	I	Sr.	Lyme, N.H.	3.88	Biology / economics
Kirsten Lalli	COLGATE	I	Sr.	Pound Ridge, N.Y.	3.84	Molecular biology
Caitlin Patterson	VERMONT	I	Jr.	Anchorage, Alaska	3.98	Civil engineering
Maddie Pearsall	CORNELL	I	Sr.	LaGrange, Ill.	3.96	Information sci., systems & tech.

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Lindsey Conrad	SYRACUSE	I	Gr.	Wilkes-Barre, Pa.	3.41	Master's in literacy education
Courtney Hammond	DARTMOUTH	I	Sr.	Mercer Island, Wash.	3.87	Psychology
Liz Hogan	SYRACUSE	I	Sr.	Victor, N.Y.	3.55	Health & exercise sci. / psychology
Evgeniya Kirpicheva	ST. JOHN'S (NY)	I	So.	Ufa, Russia	3.77	Public relations
Stefanie Marty	SYRACUSE	I	Sr.	Nussbaumen, Switzerland	3.86	Economics / finance
Kate Mills	HARVARD	I	Sr.	Sacramento, Calif.	3.86	Economics
Noam Mills	HARVARD	I	Jr.	Kfar Saba, Israel	3.86	Economics
Brittany Pavolko	SIENA	I	Sr.	Pittsfield, Mass.	3.91	English
Stephanie Rice	HOFSTRA	I	Sr.	Skaneateles, N.Y.	3.93	History / social studies education
Molly Schaus	BOSTON	I	Sr.	Natick, Mass.	3.80	Human development



2010-11 Academic All-District Women's At-Large Team District 1

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Deborah Barany	HAMILTON	I	Sr.	Falcon Heights, Minn.	4.04	Neuroscience
Rachel Dionne	WESTFIELD STATE	I	Sr.	Feeding Hills, Mass.	3.99	Mathematics
Keri Dixon	MASSACHUSETTS INST. TECH.	I	Sr.	Bethlehem, Pa.	3.70	Mechanical engineering
Celena Dopart	WORCESTER POLY. INST.	I	Jr.	Washington D.C.	4.00	Aerospace engineering
Whitney Kukol	RENSSELAER POLY. INST.	I	Gr.	Johnson City, N.Y.	3.91	Biology & psychology
Molly McShane	MASSACHUSETTS INST. TECH.	I	So.	Lake Bluff, Ill.	4.00	Mechanical engineering
Sarah Murphy	CONNECTICUT COLLEGE	I	Sr.	Williamsburg, Va.	3.72	Sociology based human relations
Sarah Jane Otey	U.S. COAST GUARD ACADEMY	I	Jr.	Littleton, Colo.	3.95	Marine & environmental sciences
Elizabeth Rosen	CLARK	I	Sr.	North Attleboro, Mass.	4.00	Neuroscience (self-designed)
Kendra Stern	AMHERST	I	Sr.	Albuquerque, N.M.	3.75	Art history / Spanish

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Jacke Anderson	MASS.-DARTMOUTH	I	Sr.	Medway, Mass.	3.92	Mechanical engineering
Lauren Bergeron	PLYMOUTH STATE	I	Jr.	New Hampton, N.H.	3.92	Spanish
Meghan Brunswick	SUNY CORTLAND	I	Sr.	Oneonta, N.Y.	3.94	Biomedical sciences
Amanda Burden	SOUTHERN CONNECTICUT ST.	I	Jr.	Orange, Conn.	3.70	Psychology
Grace Fitzgerald	RENSSELAER POLY. INST.	I	Sr.	Manchester, N.H.	3.59	Biomedical engineering
Katie Freisatz	SUNY-INSTITUTE OF TECH.	I	Sr.	Schenectady, N.Y.	3.90	Business administration
Eileen Garcia	CLARK	I	Jr.	New York, N.Y.	3.45	Communication & culture
Lindsey Pinkham	STONEHILL	I	Sr.	Skowhegan, Maine	3.55	Psychology
Elizabeth Stavely	MASSACHUSETTS INST. TECH.	I	Sr.	West Chester, Pa.	3.40	Aeronautics / astronautics
Lia Weiner	ROCHESTER	I	Sr.	Sarasota, Fla.	3.79	Mathematics / economics
Margaret Zupa	ROCHESTER	I	Sr.	Buffalo, N.Y.	3.93	Biology / health & society

THIRD TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Elizabeth Ales	MASSACHUSETTS-LOWELL	I	Sr.	Arlington, Mass.	3.60	Nursing
Sarah Bray	HAMILTON	I	Sr.	Rockville, Md.	3.49	Mathematics
Colleen Callaghan	HAMILTON	I	Sr.	Queensbury, N.Y.	3.38	Government
Kaela Jalbert	WESTERN NEW ENGLAND	I	Sr.	Turner, Maine	3.90	Integrated liberal studies
Suzanna Kelley	WORCESTER POLY. INST.	I	Jr.	Attleboro, Mass.	3.74	Biomedical engineering
Sam Lynott	STONEHILL	I	Jr.	Holbrook, N.Y.	3.46	Criminology
Kathryn Nelson	STONEHILL	I	Jr.	Shrewsbury, Mass.	3.50	Psychology
Molly Rippe	NEW YORK UNIVERSITY	I	Jr.	Colleyville, Texas	3.84	Sociology / history
Sheila Rhoades	ITHACA	I	Sr.	Dryden, N.Y.	3.47	Clinical health studies
Kailee Spusta	ITHACA	I	Sr.	Macedon, N.Y.	3.80	Clinical exercise science
Alyssa Tretter	SUNY	I	Jr.	Batavia, N.Y.	4.00	Childhood & early childhood education
Nicole Zais	WHEATON (MA)	I	Sr.	Sudbury, Mass.	3.36	English / creative writing / studio art



2010-11 Academic All-District Women's At-Large Team District 2

University Division FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Vicki Bendus	MERCYHURST	II	Sr.	Wasaga Beach, Ontario	3.95	Biology / pre-med
Alyssa DeLorenz	BUCKNELL	II	Sr.	Garland, Texas	3.98	Accounting
Jasmine DePompeo	U.S. NAVAL ACADEMY	II	So.	Sayville, N.Y.	3.35	Political science
Megan Doran	DELAWARE	II	Sr.	Brigantine, N.J.	3.83	Exercise science
Morganne Firmstone	MONMOUTH	II	Sr.	Honesdale, Pa.	3.96	Communications
Kristina Frahm	MARYLAND-EASTERN SHORE	II	Sr.	Oswego, Ill.	3.95	Accounting
Brooke Golden	TOWSON	II	Sr.	New Windsor, Md.	3.78	Nursing
Aly Jost	MOUNT ST. MARY'S	II	Sr.	Abingdon, Md.	3.93	Criminal justice / sociology
Martha Perez	MARYLAND-EASTERN SHORE	II	Sr.	Bogota, Colombia	3.94	Sociology
Rachel Viglianco	WEST VIRGINIA	II	Sr.	St. Albans, W.Va.	4.00	Secondary English education
Christine Weiss	BUCKNELL	II	Sr.	Bethlehem, Pa.	3.83	Management
Amy Zhang	RUTGERS	II	Sr.	Plano, Texas	3.96	Computer science honors program

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Ashton Brown	PRINCETON	II	Sr.	Calgary, Alberta	3.69	Economics
Tia Dudukovich	SAINT FRANCIS (PA)	II	Jr.	Port Matilda, Pa.	3.96	Physician assistant
Laura Gorinski	U.S. NAVAL ACADEMY	II	So.	Greensburg, Pa.	3.62	Physics
Christina Mastropaolo	DREXEL	II	Sr.	Harleysville, Pa.	3.53	English
Laura Merrifield	MARYLAND	II	Sr.	Hertfordshire, England	3.53	Kinesiology
Katrina Nietsch	U.S. NAVAL ACADEMY	II	Sr.	New Canaan, Conn.	3.41	Quantitative economics
Jillian O'Mara	BUCKNELL	II	Jr.	Bainbridge Island, Wash.	3.91	Biology / French
Megan Wooden	TOWSON	II	Sr.	Baltimore, Md.	3.67	Exercise science



2010-11 Academic All-District Women's At-Large Team District 2

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Laura Barito	STEVENS INST. OF TECH.	II	Sr.	Arkadelphia, Ark.	3.87	Mechanical engineering
Megan Bennett	GROVE CITY	II	Jr.	Poland, Ohio	3.98	Finance
Kristen Brooks	SHIPPENSBURG	II	Sr.	Lancaster, Pa.	3.98	Management & marketing
Bethany Brun	MERCYHURST	II	Sr.	Beavercreek, Ohio	3.96	Religious studies / sociology
Brittany DeAngelis	MUHLENBERG	II	Jr.	Robbinsville, N.J.	4.00	Business administration / psychology
Sarah Dickinson	MILLERSVILLE	II	Jr.	Millersville, Pa.	4.00	Psychology
Mary Eshenour	GANNON	II	Sr.	Waterloo, N.Y.	3.84	Pre-physical therapy
Molly Evans	CARNEGIE MELLON	II	Sr.	Butler, Pa.	4.00	Biology
Amy Fisher	SHIPPENSBURG	II	Sr.	Mount Airy, Md.	3.80	Elementary education
Colleen Harriger	GANNON	II	Jr.	Erie, Pa.	4.00	Pre-med / biology
Diana Rocco	GANNON	II	Jr.	Cranberry Township, Pa.	3.95	Physician assistant
Elizabeth Rogers	JOHNS HOPKINS	II	Jr.	North Palm Beach, Fla.	3.61	Behavioral biology
Carolyn Warren	JOHNS HOPKINS	II	Jr.	Boulder, Colo.	4.00	International studies

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Caitlyn Bowman	JUNIATA	II	Jr.	Seven Valleys, Pa.	4.00	Biology
Lisa Brooks	CATHOLIC UNIVERSITY	II	Sr.	Fairfax, Va.	3.82	Biology
Shelby Colyer	WASHINGTON & JEFFERSON	II	Jr.	Oxford, Ohio	3.99	Accounting
Katie D'Ambrosia	EAST STROUDSBURG	II	Sr.	Broomall, Pa.	3.88	Exercise science
Jessica Frantz	EAST STROUDSBURG	II	Sr.	Kunkletown, Pa.	3.54	Exercise science
Amy Halls	SLIPPERY ROCK	II	Jr.	Westerville, Ohio	3.57	Business
Kandice Hancock	SALISBURY	II	Sr.	Westover, Md.	3.73	Exercise science
Sarah Page	GROVE CITY	II	Sr.	Colorado Springs, Colo.	3.66	Chemistry
Brittany Palasik	WASHINGTON	II	Jr.	Severna Park, Md.	3.91	Biology
Laura Sullivan	BLOOMSBURG	II	Sr.	Dingman's Ferry, Pa.	3.94	Elementary education
Mary Swarthout	CATHOLIC	II	Jr.	Rockville, Md.	3.71	Nursing

THIRD TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Erin Barno	WASHINGTON & JEFFERSON	II	So.	Camp Hill, Pa.	3.98	Mathematics
Alli Dickey	ROWAN	II	Sr.	Stevensville, Md.	3.71	Mechanical engineering
Angela Frantz	EAST STROUDSBURG	II	Sr.	Kunkletown, Pa.	3.87	Elementary education
Alison Jaeger	NEW JERSEY	II	Sr.	Hampton, N.J.	3.59	Biology
Nandita Krishnan	JOHNS HOPKINS	II	So.	Chennai, India	3.90	Public health studies
Mary Waller	NEW JERSEY	II	Sr.	Bel Air, Md.	3.72	Civil engineering



2010-11 Academic All-District Women's At-Large Team District 3

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Caroline Bevilard	GEORGIA SOUTHERN	III	Sr.	Bishop, Ga.	3.97	Sport management
Martha Blakely	VIRGINIA TECH	III	Jr.	Reading, Pa.	3.98	Chemistry / economics / mathematics
Katie Detlefsen	CENTRAL FLORIDA	III	Gr.	Eagan, Minn.	4.00	Mass communications
Amanda D'Ostroph	CHARLESTON SOUTHERN	III	So.	Whispering Pines, N.C.	4.00	Biology
Bianca Eichkorn	MIAMI (FL)	III	Sr.	Tengen, Germany	3.80	International finance & marketing
Viktoria Hyddmark	FLORIDA GULF COAST	III	Sr.	Lund, Sweden	3.98	Biotechnology
Caroline Newman	COLLEGE OF CHARLESTON	III	Jr.	Greensboro, N.C.	4.00	Psychology
Katie Rybakova	FLORIDA STATE	III	Sr.	Coral Springs, Fla.	3.93	English education
Wendy Trott	GEORGIA	III	Jr.	Capetown, South Africa	3.96	International affairs
Taryn Zack	SOUTH CAROLINA	III	Gr.	Stony Plain, Alberta	3.93	Exercise science / physical therapy

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Julia Applebaum	WILLIAM & MARY	III	Sr.	Oxford, Ohio	3.92	International relations / linguistics
Monica Arguello	FURMAN	III	Sr.	Lakeland, Fla.	3.58	Education
Katie Bolling	WINTHROP	III	Jr.	New Brighton, Minn.	3.93	Biochemistry
Rebecca Brown	CLEMSON	III	Jr.	Greenville, S.C.	3.87	Bioengineering
Teresa Crippen	FLORIDA	III	Jr.	Conshohocken, Pa.	3.66	Sport management
Ana Lee	UNC-WILMINGTON	III	Jr.	Charlotte, N.C.	3.93	Applied mathematics
Charlotte Lorentzen	GEORGIA STATE	III	Jr.	Soroe, Denmark	3.81	Journalism
Virginia Mayer	ELON	III	Jr.	Charlotte, N.C.	4.00	Accounting
Mikayla Rogers	UNC-GREENSBORO	III	Sr.	Salem, Ore.	4.00	Media studies
Ashley Twichell	DUKE	III	Sr.	Fayetteville, N.Y.	3.82	Psychology
Becca Ward	DUKE	III	Jr.	Portland, Ore.	3.36	Public policy
Kaitlin Williamson	NORTH CAROLINA	III	Sr.	Austin, Texas	3.80	Biology / psychology
Reka Zsilinszka	DUKE	III	Sr.	Fayetteville, N.C.	3.65	History

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Marianne Andersson	FLORIDA SOUTHERN	III	Sr.	Bjuv, Sweden	4.00	Finance
Ellen Chambers	LYNN	III	So.	Petrie, Australia	4.00	International relations
Anne Culpepper	EMORY	III	Jr.	Warner Robins, Ga.	3.83	English / economics
Katja Dammann	UNC-PEMBROKE	III	Sr.	Schwerin, Germany	4.00	Business
Zahra Dawson	EMORY	III	Sr.	Ft. Washington, Md.	3.84	Applied mathematics
Justine Feaster	NOVA SOUTHEASTERN	III	Sr.	Carrollton, Texas	4.00	Psychology
Emily Flanigan	FLORIDA SOUTHERN	III	Sr.	Celebration, Fla.	4.00	Human movement & performance
Vanessa Landis	EASTERN MENNONITE	III	Sr.	Quakertown, Pa.	3.91	Biology
Nicole Moody	WINGATE	III	Sr.	Grovetown, Ga.	4.00	Psychology
Barbi Pocza	BARRY	III	Sr.	Gyor, Hungary	3.71	Finance

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Paola Aguilar	SHENANDOAH	III	Sr.	Fairfax, Va.	3.64	Political science / business
Megan Bach	BRIDGEWATER	III	Jr.	Manchester, Md.	3.85	Health & exercise science
Yi Ching Chen	EMBRY-RIDDLE	III	Jr.	Kaohsiung, Taiwan	3.34	Business administration
Magdalena Ekert	LYNN	III	Sr.	Gdansk, Poland	3.51	Sports management
Kelli Ferguson	WINGATE	III	So.	Concord, N.C.	3.90	Chemistry
Kalah Hess	BRIDGEWATER	III	Sr.	Lancaster, Pa.	3.88	Elementary education
Katarina Huba	FLORIDA TECH	III	Jr.	Ascona, Switzerland	3.92	Chemistry
Eleonora Iannozzi	LYNN	III	Sr.	Rome, Italy	3.51	Business administration
Emmy Mathews	WASHINGTON & LEE	III	Sr.	Baltimore, Md.	3.89	Philosophy / business administration
Alida Muller-Wehlau	ARMSTRONG ATLANTIC STATE	III	Sr.	Flensburg, Germany	3.57	Economics
Angie Werschel	BARRY	III	Sr.	Munich, Germany	3.75	Sport management
Emily Weiland	ANDERSON	III	So.	Sumter, S.C.	4.00	Undecided



2010-11 Academic All-District Women's At-Large Team District 4

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Kathleen Bush	MOREHEAD STATE	IV	Jr.	St. Clair, Mich.	4.00	Government
Jenny Cape	ALABAMA-BIRMINGHAM	IV	Sr.	Oakville, Ontario	4.00	Biology
Christine Chiricosta	BOWLING GREEN STATE	IV	Sr.	Avon Lake, Ohio	4.00	Adolescent / secondary education
Sarah Curtis	MICHIGAN	IV	Gr.	Reno, Nev.	3.63	Biology
Kelsey Floyd	TENNESSEE	IV	So.	Lexington, Ky.	3.60	Sport Management
Rachel Heim	OHIO	IV	Sr.	San Diego, Calif.	3.95	Chemistry / biochemistry
Kayla Hoffman	ALABAMA	IV	Sr.	Union, N.J.	4.00	Human development & family studies
Courtney McLane	ALABAMA	IV	Jr.	Lawrenceville, Ga.	4.00	Management
Erica Meissner	AUBURN	IV	Sr.	Ashburnham, Mass.	4.00	Anthropology
Brooke Pancake	ALABAMA	IV	Jr.	Chattanooga, Tenn.	4.00	Honors Marketing

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Sarah Broeker	KENTUCKY	IV	Sr.	Seward, Neb.	3.79	Interpersonal communication
Samantha Cheverton	OHIO STATE	IV	Sr.	Lachine, Quebec	3.74	Psychology
Carolyn Cochran	ALABAMA-BIRMINGHAM	IV	Sr.	Daphne, Ala.	3.97	Biology
Hanna Ek	AKRON	IV	Jr.	Falun, Sweden	3.98	Mechanical engineering
Martina Gavier	KENT STATE	IV	Sr.	Cordoba, Argentina	3.73	International relations
Mercedes Germino	KENT STATE	IV	Jr.	Necochea, Argentina	3.92	Communications
Carolyn Helmholz	OHIO STATE	IV	Sr.	Heyrothsberge, Germany	3.94	Hospitality management
Kayla Sergesketter	KENTUCKY	IV	Sr.	Jasper, Ind.	3.90	Communication disorders
Marissa Steen	MEMPHIS	IV	Jr.	West Chester, Ohio	3.94	Sport & leisure management
Johanie Van Zyl	TENNESSEE-MARTIN	IV	So.	Ashton, South Africa	4.00	Mathematics

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Monica Bressler	CALVIN	IV	Sr.	Sandusky, Ohio	3.75	Accounting
Catherine Brunoehler	OTTERBEIN	IV	Sr.	New Castle, Ind.	3.77	Economics
Maria Ciccolini	JOHN CARROLL	IV	Jr.	Green, Ohio	3.90	English / education
Kelsey Hassevoort	KALAMAZOO	IV	Jr.	Kalamazoo, Mich.	4.00	Biology
Joy Kellogg	CEDARVILLE	IV	Sr.	Arlington, Ohio	4.00	Marketing
Catherine Leix	WAYNE STATE	IV	Sr.	Flint, Mich.	3.93	Science education secondary
Melissa Oosterhouse	CALVIN	IV	Sr.	Grand Rapids, Mich.	3.94	Biology
Alisa Vereshchagin	KENYON	IV	Jr.	Solon, Ohio	3.75	Biology / modern lang. & literature
Alexandria Quast	TIFFIN	IV	So.	Lockport, N.Y.	4.00	Sport & recreation management
Sarah Sohn	HOPE	IV	Sr.	Arlington Heights, Ill.	3.88	Special edu. (emotionally impaired)

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Emily Bachert	CENTRE	IV	Jr.	Bowling Green, Ky.	3.49	Biochemistry / molecular biology
Kristin Cobb	DENISON	IV	Sr.	Dayton, Ohio	3.51	Psychology
Michelle Eggers	OHIO NORTHERN	IV	Jr.	Leawood, Kan.	3.75	Pharmacy
Shawna Ferris	WOOSTER	IV	So.	Boxborough, Mass.	3.97	Communication studies
Ksenia Golovkina	DENISON	IV	Sr.	Newton, Mass.	3.44	Economics
Brooke Hamilton	BALDWIN-WALLACE	IV	So.	Cleveland, Ohio	3.91	English
Prita Kidder	KENYON	IV	Sr.	Jakarta, Indonesia	3.55	Sociology
Kaitlyn Meirs	KENYON	IV	Sr.	Cream Ridge, N.J.	3.43	Biology
Heidi Mitchell	OTTERBEIN	IV	Jr.	Russellville, Ohio	3.93	Accounting
Julie Pinter	BALDWIN-WALLACE	IV	So.	Broadview Heights, Ohio	3.79	Comm. disorders / speech pathology
Emily Schroeder	DENISON	IV	Jr.	Fishers, Ind.	3.44	Economics
Blake Thompson	TUSCULUM	IV	Sr.	Bristol, Tenn.	3.61	Pre-medicine



2010-11 Academic All-District Women's At-Large Team District 5

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Kelly Amundrud	BRADLEY	V	Jr.	Calgary, Alberta	3.92	Accounting
Ingrid Ballus	IPFW	V	Sr.	Barcelona, Spain	3.90	Civil engineering
Kate Chybowski	EVANSVILLE	V	Sr.	Appleton, Wis.	3.92	Biology
Melissa Fernandez	ILLINOIS	V	Sr.	Eudora, Kan.	3.77	Kinesiology
Kristin Geppert	SOUTHERN ILLINOIS	V	Jr.	Norderstedt, Germany	3.98	English
Kaylee Jamison	MINNESOTA	V	Sr.	St. Charles, Ill.	3.92	Biochemistry
Kelsey Lindenschmidt	NORTHWESTERN	V	Sr.	West Chester, Ohio	3.97	Chemical engineering
Becca Ruegsegger	WISCONSIN	V	So.	Lakewood, Colo.	4.00	African languages & literature
Christina Schmidgall	EVANSVILLE	V	Sr.	Golden Valley, Minn.	4.00	Athletic training
Allie Smith	PURDUE	V	Sr.	Green Bay, Wis.	3.90	General health studies

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Allison Buckey	ILLINOIS	V	Sr.	Schaumburg, Ill.	3.70	Kinesiology
Caitlin Deeken	BRADLEY	V	Sr.	California, Mo.	3.94	Criminal justice
Margaux Farrell	INDIANA	V	Jr.	Woodbridge, Conn.	3.75	Journalism
Alex Forsyth	IPFW	V	Jr.	Bella Vista, Ark.	3.97	Psychology
Stephanie Gretsches	NOTRE DAME	V	Sr.	Downers Grove, Ill.	3.63	Biological sciences / history
Lauren Gustafson	PURDUE	V	So.	Columbus, Ind.	4.00	General health sciences
Shannon Mathews	NOTRE DAME	V	Jr.	Birmingham, Mich.	3.59	Finance / computer applications
Maggie Meyer	WISCONSIN	V	Sr.	White Bear Lake, Minn.	3.46	English
So-Hyun Park	NOTRE DAME	V	Sr.	Seoul, South Korea	3.60	Accounting
Carolyn Prevost	WISCONSIN	V	Jr.	Sarnia, Ontario	3.77	Kinesiology
Sarah Wardecke	WISCONSIN-MILWAUKEE	V	Jr.	Appleton, Wis.	3.94	Mathematics
Danielle Wenger	WISCONSIN-MILWAUKEE	V	Sr.	Hartford, Wis.	3.82	Psychology

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Liz Attewell	DEPAUW	V	Sr.	St. Louis, Mo.	3.89	Mathematics
Catie Baker	DEPAUW	V	Jr.	Cedar Rapids, Iowa	3.98	Computer science / mathematics
Virginia Dallman	ELMHURST	V	Jr.	Glen Ellyn, Ill.	4.00	History
Maura Donahue	INDIANAPOLIS	V	So.	Milan, Mich.	3.95	Nursing
Meghan Donahue	INDIANAPOLIS	V	Jr.	Milan, Mich.	3.83	Computer science
Samantha Frank	GUSTAVUS ADOLPHUS	V	Sr.	Mahtomedi, Minn.	3.72	Biology
Chrissy Hu	CHICAGO	V	Sr.	Palo Alto, Calif.	3.79	Economics
Kirsten Lickel	WISCONSIN-EAU CLAIRE	V	Jr.	Madison, Wis.	3.80	Business admin. / mass comm.
Abby Martin	WISCONSIN-WHITEWATER	V	Sr.	Johnsburg, Ill.	3.91	Music education
Michelle Narveson	WINONA STATE	V	Sr.	Hayward, Wis.	4.00	Education
Molly Noser	CONCORDIA-ST. PAUL (MN)	V	Sr.	Rochester, Minn.	3.94	Math / biology
Kathleen Ritter	MINNESOTA STATE - MANKATO	V	Sr.	Red Wing, Minn.	4.00	Accounting / finance
Katie Schenfeld	GUSTAVUS ADOLPHUS	V	Sr.	Indianola, Iowa	3.78	Management / health fitness
Sara Yungner	GUSTAVUS ADOLPHUS	V	Sr.	Maple Grove, Minn.	3.96	Biology

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Megan Chann	ROSE-HULMAN	V	Sr.	Columbia, Mo.	3.74	Mechanical engineering
Amanda Croix	CARTHAGE	V	Sr.	Bourbonnais, Ill.	3.65	Exercise and sport science
Janel Duffy	MINNESOTA STATE, MANKATO	V	Sr.	Forest Lake, Minn.	3.71	Spanish
Allie Hinman	WISCONSIN-STOUT	V	Sr.	Lino Lakes, Minn.	3.91	Dietetics
Heather Pierce	WINONA STATE	V	Sr.	North Aurora, Ill.	3.86	Education
Kaytie Spangler	CONCORDIA-ST. PAUL	V	Sr.	Ely, Minn.	3.93	Marketing



2010-11 Academic All-District Women's At-Large Team District 6

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Karlee Bispo	TEXAS	VI	Jr.	Modesto, Calif.	3.38	Chemistry
Claire Clark	LOUISIANA-MONROE	VI	Sr.	Bossier City, La.	4.00	Kinesiology
Alyssa Conner	TEXAS A&M	VI	Jr.	Granite Bay, Calif.	4.00	Marketing
Caroline Daniels	OKLAHOMA STATE	VI	Jr.	Aspen, Colo.	4.00	Political science
Bonny Davidson	TULSA	VI	Jr.	Johannesburg, S. Africa	4.00	Exercise sport science
Audra Egenolf	SOUTHERN METHODIST	VI	Sr.	Indianapolis, Ind.	3.98	Accounting
Nicole Furmanek	OKLAHOMA	VI	Jr.	Belleville, Ill.	3.96	Elementary education
Kim Kaufman	TEXAS TECH	VI	So.	Clark, S.D.	4.00	Political science
Ellen Mueller	OKLAHOMA	VI	Sr.	Evansville, Ind.	3.96	Health & exercise science
Rebecca Van Den Houte	ARKANSAS-LITTLE ROCK	VI	Sr.	Sint-Amands, Belgium	4.00	Business administration
Kelsey Witten	OKLAHOMA	VI	Gr.	Springfield, Mo.	3.95	Journalism / adult & higher edu.

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Shelby Bottoms	RICE	VI	Jr.	Houston, Texas	3.79	Econ. / sport mgmt. / mgmt. studies
Morgan Chambers	BAYLOR	VI	Sr.	Purcell, Okla.	3.85	Health & human sciences / pre-med
Mariaryeni Gutierrez	LAMAR	VI	Sr.	San Antonio, Venezuela	3.77	Kinesiology
Melissa Loh	TCU	VI	Sr.	Xinmin, Singapore	3.86	Psychology / accounting
Lisa Lunkenheimer	ARKANSAS	VI	Jr.	Derby, Kan.	4.00	Kinesiology
Taylor Ormond	BAYLOR	VI	Sr.	Hamilton, Ontario	3.92	English
Anouk Tigü	ARKANSAS	VI	Sr.	Moordrecht, Holland	3.96	Marketing
Jane Trepp	LSU	VI	Sr.	Tallinn, Estonia	3.80	Psychology
Kamryn Ruffin	TULSA	VI	Jr.	Pryor, Okla.	4.00	Exercise sports science
Paola Valerio	TEXAS-SAN ANTONIO	VI	So.	Mexico City, Mexico	3.30	Business
Adrienne Woods	TEXAS	VI	Sr.	Dexter, Mich.	3.87	Psychology

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Sarah Ayers	SOUTHWESTERN	VI	Jr.	Houston, Texas	3.81	Math / secondary education
Gina Cielo	HARDING	VI	Sr.	Lee's Summit, Mo.	3.94	Public relations
Carla Cooper	TARLETON STATE	VI	Sr.	Arlington, Texas	3.68	Finance
Krista Czarnecki	ANGELO STATE	VI	So.	El Paso, Texas	3.95	Accounting
Rachael Dansby	LUBBOCK CHRISTIAN	VI	Sr.	Lubbock, Texas	4.00	Psychology
Briana Hurley	OKLAHOMA CITY	VI	Sr.	Oklahoma City, Okla.	3.90	Kinesiology
Lisa Mertz	HARDIN-SIMMONS	VI	Sr.	Cleburne, Texas	3.70	Nursing
Lesley Murray	INCARNATE WORD	VI	Sr.	Austin, Texas	3.96	Kinesiology
Janet Orgain	HARDING	VI	Sr.	Trenton, Tenn.	3.97	Public relations
Audrey Tompkins	ST. EDWARD'S	VI	Jr.	Katy, Texas	4.00	Finance



2010-11 Academic All-District Women's At-Large Team District 7

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Amy Anderson	NORTH DAKOTA STATE	VII	So.	Oxbow, N.D.	4.00	Accounting
Dominique Bouchard	MISSOURI	VII	So.	North Bay, Ontario	3.80	Biology
Hailee Elmore	SAINT LOUIS	VII	Gr.	Springfield, Ill.	3.93	Communication sciences & disorders
Melissa Greeves	DENVER	VII	Sr.	Melbourne, Australia	4.00	Biology
Victoria (Tori) Gutt	NORTHERN COLORADO	VII	Sr.	Tucson, Ariz.	4.00	Criminal justice / journalism
Jessica Kunzelmann	NORTHERN IOWA	VII	Jr.	Bollschweil, Germany	3.97	Finance
Ryann McGough	NEBRASKA	VII	Sr.	LaPorte, Colo.	3.94	Psychology
Nicole Schneider	KANSAS	VII	Sr.	Lenexa, Kan.	3.94	Civil engineering
Allie Smith	WYOMING	VII	Sr.	Sandy, Utah	3.94	Mathematics
Katharina Voelkel	MISSOURI STATE	VII	Sr.	Hanover, Germany	4.00	Biology / mathematics

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Jessica Berve	MESA STATE	VII	Jr.	Farmington, N.M.	3.94	Chemistry
Nikki Chambers	WILLIAM JEWELL	VII	Sr.	Moses Lake, Wash.	3.93	Communications
Katrina Choate	DRURY	VII	Jr.	St. Louis, Mo.	3.89	Secondary education / mathematics
Laryssa Ferreira	NEWMAN	VII	Sr.	Brasilia, Brazil	3.61	Occupational therapy assistant
Kirsten Ford	EMPORIA STATE	VII	Sr.	Topeka, Kan.	3.80	Microbiology
Lindsay Greiner	WARTBURG	VII	Jr.	Boone, Iowa	3.98	Elementary education
Anna Grinter	TRUMAN STATE	VII	Sr.	Manhattan, Kan.	3.75	Health science
Chelsea Henslee	NEBRASKA WESLEYAN	VII	Sr.	Lincoln, Neb.	3.93	Spanish
Tanya Sylvester	TRUMAN STATE	VII	Sr.	Rochester, Minn.	4.00	Biology
Deanna Thirkell	COLORADO	VII	Jr.	Monument, Colo.	3.98	Romance languages
Kate Tobin	AUGUSTANA (SD)	VII	Sr.	Eden Prairie, Minn.	3.86	Marketing / sports management

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Krystal Carlson	MORNINGSIDE	VII	So.	Richfield, Minn.	3.90	Biology / chemistry
Molly Eslick	WARTBURG	VII	Sr.	Fort Dodge, Iowa	3.68	Elementary education
Jordan Galles	WARTBURG	VII	Sr.	Cedar Falls, Iowa	3.71	Biology
Katelynn Lamb	BLACK HILLS STATE	VII	Sr.	Onida, S.D.	3.88	Biology
Amanda Morris	EMPORIA STATE	VII	Sr.	Salina, Kan.	3.75	Nursing
Sarah Paulson	CENTRAL	VII	Jr.	Ottumwa, Iowa	3.74	Exercise science
Maureen Rielley	ROCKHURST	VII	Jr.	Overland Park, Kan.	3.69	Communication
Clara Vila	MISSOURI-ST. LOUIS	VII	Sr.	Tarragona, Spain	3.84	Psychology
Melanie Walsh	WASHINGTON (MO)	VII	So.	Mt. Prospect, Ill.	4.00	English



2010-11 Academic All-District Women's At-Large Team District 8

University Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Hannah Caron	UTAH	VIII	Jr.	Raleigh, N.C.	3.99	Communication sciences & disorders
Venise Chan	WASHINGTON	VIII	Sr.	Hong Kong, China	3.63	Business administration / marketing
Elina Eggers	ARIZONA STATE	VIII	Jr.	Stockholm, Sweden	3.96	Economics
Sarah Flynn	STANFORD	VIII	Sr.	Baltimore, Md.	3.80	Human bio. / comp. studies in race
Eva Huckova	UTAH	VIII	Sr.	Banska Bystricka, Slovakia	3.99	Finance
Therese Koelbaek	UNLV	VIII	Sr.	Holte, Denmark	3.97	Marketing
Aodhnait Lombard	NEVADA	VIII	Sr.	Kellis, Ireland	3.98	Neuroscience
Stephanie McGregor	OREGON STATE	VIII	Jr.	Calgary, Alberta	3.96	Bioengineering
Chelsey Salli	ARIZONA	VIII	So.	Vancouver, B.C.	4.00	Speech & hearing science
Hailey Swenson	UTAH STATE	VIII	Gr.	N. Salt Lake City, Utah	3.98	Business administration

SECOND TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Mary Atkinson	ARIZONA STATE	VIII	Sr.	Chesapeake, Va.	3.72	Pre-dental / bioscience
Taylor Caldwell	SAN DIEGO	VIII	Sr.	Fullerton, Calif.	3.80	Biochemistry
Anja Crawford	UNLV	VIII	Jr.	Las Vegas, Nev.	4.00	Psychology
Lana Christensen	NORTHERN ARIZONA	VIII	Sr.	Casper, Wyo.	3.80	Microbiology
Martine de Gannes	PEPPERDINE	VIII	Sr.	Diego Martin, Trinidad	3.91	Advertising
Katie Dick	WASHINGTON STATE	VIII	Jr.	Victoria, B.C.	3.96	Philosophy
Kate Dwelley	STANFORD	VIII	Sr.	Brentwood, Calif.	3.60	Psychology
Shanice Howard	SAN JOSE STATE	VIII	Sr.	Rancho Santa Margarita, Calif.	3.99	Kinesiology
Andrea Remyne	UCLA	VIII	Sr.	Battle Creek, Mich.	3.60	Political science
Allison Travis	WASHINGTON STATE	VIII	Gr.	Boise, Idaho	3.92	Accounting / mgmt. & operations

College Division

FIRST TEAM

Name	School	Dist.	Yr.	Hometown	GPA	Major
Jaime Bronga	ALASKA ANCHORAGE	VIII	Jr.	Anchorage, Alaska	3.98	Civil engineering
Mandy Cameron	GEORGE FOX	VIII	Sr.	Redmond, Ore.	3.94	Chemistry
Sarah Click	LINFIELD	VIII	Sr.	Vancouver, Wash.	3.97	Biology
Sophie Larson	LINFIELD	VIII	Sr.	Eugene, Ore.	3.86	Exercise science
Casey Mapes	WESTERN WASHINGTON	VIII	Sr.	Anchorage, Alaska	3.77	Kinesiology
Claire Pierce	CAL STATE-EAST BAY	VIII	So.	Perth, Australia	3.86	Kinesiology
Verena Preikschas	CAL STATE-STANISLAUS	VIII	Jr.	Arnsberg, Germany	4.00	Psychology
Bobby Sanders	CAL LUTHERAN	VIII	Sr.	Anchorage, Alaska	3.97	Exercise science / sports medicine
Katie Sharpe	WESTERN WASHINGTON	VIII	Sr.	Bellingham, Wash.	3.96	Elementary education
Jacqueline Sneddon	GRAND CANYON	VIII	Sr.	Meigle, Scotland	3.95	Marketing
Larissa Stiglich	WILLAMETTE	VIII	Sr.	Vancouver, Wash.	3.88	German / history