



CAPITAL ONE ACADEMIC ALL-AMERICA® TEAM **SELECTED BY COSIDA**

FOR RELEASE:

Wednesday, February 22 – 12 noon (EDT)

NICK TRULL OF ANDERSON, MICHELLE McDONALD OF WINONA LEAD CAPITAL ONE ACADEMIC ALL-AMERICA® DIVISION II BASKETBALL TEAMS

TOWSON, Md. – Seniors **Nick Trull** of Anderson (S.C.) University and **Michelle McDonald** of Winona State headline the 2012 Capital One Academic All-America® NCAA Division II Basketball Teams as selected by the College Sports Information Directors of America (CoSIDA).

A kinesiology major with a 3.90 G.P.A., Trull has been selected as the Academic All-America of the Year for Division II men's basketball. McDonald, an elementary education major with a 3.96 G.P.A., is the Academic All-America of the Year for Division II women's basketball.

The Capital One Division II Academic All-America program is being financially supported by the NCAA Division II national governance structure to assist CoSIDA with handling the awards fulfillment aspects for the 2011-2012 D-II Academic All-America teams program.

The recipient of the NCAA Division II Elite 88 Award at last year's national championship, Trull has led No. 21 Anderson to a 20-4 record. As a junior, he was a key performer for the Trojans, who finished the season with a 21-12 record and reached the Division II Elite Eight in Springfield, Mass.

The second-leading scorer in school history with 1,434 points, Trull is the Trojans' second-leading scorer with a 15.0 average. He is also averaging 4.1 rebounds per game and has an .815 free throw percentage.

A native of Charlotte, N.C., Trull is a first-year starter in the Trojans' backcourt. He is also shooting 38.9 percent from three-point range making 53 of 161 three-pointers. He adds 42 assists and 28 steals.

Last year, he was the winner of the South Atlantic Conference Scholar-Athlete of the Year award for men's basketball.

A 6-0 forward, McDonald is the leading scorer and rebounder at Winona State. While averaging 16.1 points and 7.9 rebounds per game, the Johnsbury, Ill. native has led the Warriors to a 17-9 record. The fourth-leading scorer in the Northern Sun Intercollegiate Conference, she is also the fourth-leading rebounder in the conference. A two-time selection as the NSIC Player of the Week, McDonald is second in the NSIC with a .555 field goal percentage.

As a junior, McDonald earned first team All-NSIC honors while leading the Warriors to their first-ever NSIC Tournament championship. The Warriors' top scorer with a 15.8 average, she also led the team with 7.0 rebounds per game. Honored as the NSIC Tournament Most Valuable Player, she averaged 21.0 points and 7.0 rebounds per game in the 2011 NSIC tournament. The Warriors, who finished the season with a 21-9 record, advanced to the NCAA Tournament.

A two-time member of the NSIC All-Academic team, McDonald ranks fourth on the Warriors' career scoring list with 1,324 points. She is also the fourth-leading rebounder (690) in school history.

Stull is one of four seniors on the Capital One Academic All-America® Division II Men's Basketball team.

He is joined on the first team by **Rory Blanche** of Western Washington University, **Ryan Dougherty** of Southwest Baptist University, **Desmond King** of Texas A&M-Commerce, and **Kramer Soderberg** of Lindenwood University.

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Trull, McDonald Lead Capital One Academic All-America® Division II Team – page 2

A manufacturing engineering technology major with a 3.74 G.P.A., Blanche has led No. 10 Western Washington to a 23-3 record. He is averaging a team-leading 16.7 points and 7.2 rebounds per game. The fifth-leading scorer in the Great Northwest Athletic Conference, he is third in the GNAC with a .599 field goal percentage. The 15th-leading scorer in school history with 1,137 points, Blanche was an honorable mention all-conference selection last season when he averaged 14.3 points per game.

Dougherty, a 5-11 guard, is a biology (pre-physical therapy) major with a 3.62 G.P.A. at Southwest Baptist. The leading scorer for the Bearcats, he is averaging 16.3 points per game while making 69 of 181 three-point field goal attempts. He also has 105 assists and 34 steals, second on the team. A native of Fort Worth, Texas, Dougherty is the fourth-leading scorer in the Mid-America Intercollegiate Athletic Association. He also ranks fifth in the MIAA in assists.

A kinesiology major with a 3.73 G.P.A., King was the Lone Star Conference North Division Newcomer of the Year in 2011. A former transfer from Paris Junior College, he was named as an All-LSC first team selection after averaging 16.1 points and 7.0 rebounds per game. A 6-7 forward, King is the leading scorer for Texas A&M University-Commerce, averaging 15.0 points and 5.7 rebounds per game. A native of Alexandria, La., he is the fourth-leading scorer in the conference.

A 5-11 guard, Soderberg has led Lindenwood to a 26-3 record while averaging 17.2 points per game. A mass communication major with a 3.69 G.P.A., the St. Charles, Mo. native was a third team NAIA All-American as a junior after transferring from Miami (Ohio) University. Named as a first team All-Heartland of America Athletic Conference selection, he led the Lions to a 29-6 record last season. Soderburg, who has topped the 1,000-point mark in just two seasons, is also averaging 3.5 assists per game. He has only 44 turnovers and 41 steals.

The five members of the Capital One Academic All-America® Division II Men's Basketball first team have an average G.P.A. of 3.74.

Seniors **Braydon Hobbs** of Bellarmine and **Chris Johansen** of Regis join junior **Jonathan Morse** of Metropolitan State and sophomores **Mike Dentlinger** of Nebraska-Kearney and **David Downs** of Seattle-Pacific on the Capital One Academic All-America® Division II Men's Basketball second team.

Graduate student **Steve Swiech** of California (Pa.) headlines the third team, along with seniors **John Corrigan** of Shippensburg, **Robert Huntingdon** of Nova Southeastern and **Matt Morris** of Fort Lewis. Junior **Andrew Davis** of Texas A&M-Commerce completes the third team.

Joining McDonald on the Capital One Academic All-America® Division II Women's Basketball first team are seniors **Megan Eul** of Minnesota, Crookston, **Vanessa Jones** of Nebraska-Kearney and **Kaitlin Petri** of Chadron State and junior **Brittany Cox** of Pfeiffer University.

An early childhood education major with a 3.97 G.P.A., Eul is the second-leading scorer and rebounder at Minnesota, Crookston. A 5-10 senior forward from Rosemount, Minn., she is averaging 13.3 points and 5.7 rebounds per games. A two-time member of the Northern Sun Intercollegiate Conference All-Academic team, she averaged 9.9 points per game as a junior.

Honored as the Rocky Mountain Athletic Conference Academic Player of the Year last season, Jones is a business administration major with a 3.96 G.P.A. A first team All-RMAC selection at Nebraska-Kearney, she averaged 16.1 points and 7.6 rebounds per game last season. A native of Colorado Springs, Col., she became the 23rd player in school history to score 1,000 points. She leads the Lopers with a 6.9 rebounding average while scoring 13.7 points per game.

A business administration major with a 3.95 G.P.A., Petri is averaging 16.5 points and 6.7 rebounds per game at Chadron State. Honored as the Rocky Mountain Athletic Conference Academic Player of the Year this season, she was named as a Daktronics All-America third team selection as a junior. She earned Academic All-America honors after averaging 19.1 points and 7.9 rebounds per game. After missing the 2010-11 season with an injury, she has returned to average 16.5 points and 6.7 rebounds per game.

Trull, McDonald Lead Capital One Academic All-America® Division II Team – page 3

The only junior on the Capital One Academic All-America® Division II Women's Basketball first team, Cox is a sports management major with a 3.92 G.P.A. The leading scorer in the Conference Carolinas, she is averaging 21.3 points per game and was named as the conference Player of the Week two days ago. A native of Winston-Salem, N.C. native recently scored her 1,000th career point at Pfeiffer. The seventh-leading scorer in NCAA Division II, she also ranks among the national leaders with 77 three-point baskets. A second team all-conference selection as a sophomore, she is also averaging 6.3 rebounds per game.

The five members of the Capital One Academic All-America® Division II Women's Basketball first team have an average G.P.A. of 3.95.

The Capital One Academic All-America® Division II Women's Basketball second team features seniors **Mikayla Barondeau** of Northern State and **Kelly Costello** of Chaminade, along with juniors **Sam Hoyt** of Michigan Tech, **Traci Keyser** of Fort Hays State, and **Kaitlin Snyder** of Fairmont State. Sophomore **Lauren Battista** of Bentley rounds out the six-player second team.

The third team consists of graduate student **Nicole Bozek** of Alaska Fairbanks and seniors **Lydia Bridenbaugh** of West Virginia Wesleyan, **Nikki Frederickson** of Mercyhurst and **Hanna Johansson** of Alaska Anchorage.

ABOUT CAPITAL ONE

Capital One Financial Corporation (www.capitalone.com) is a financial holding company whose subsidiaries, which include Capital One, N.A. and Capital One Bank (USA), N. A., had \$122.2 billion in deposits and \$197.5 billion in total assets outstanding as of December 31, 2010. Headquartered in McLean, Virginia, Capital One offers a broad spectrum of financial products and services to consumers, small businesses and commercial clients. Capital One, N.A. has approximately 1,000 branch locations primarily in New York, New Jersey, Texas, Louisiana, Maryland, Virginia and the District of Columbia. A Fortune 500 company, Capital One trades on the New York Stock Exchange under the symbol "COF" and is included in the S&P 100 index.

Capital One, an NCAA Corporate Champion, began its affiliation with college sports with the sponsorship of the 2001 Capital One Florida Citrus Bowl (now the Capital One Bowl) and ESPN's Capital One Bowl Week. In 2010, Capital One launched the Capital One Cup, a prestigious new program rewarding NCAA Division I athletics programs for their cumulative on-field performance across multiple men's and women's sports. In addition, Capital One sponsors the ABC College Football Halftime Report, Capital One All-America Mascot Team, all 88 NCAA Championships including the Division I Men's and Women's Basketball Championships, and numerous other collegiate athletics programs.

To be eligible for Academic All-America® consideration, a student-athlete must be a varsity starter or key reserve, maintain a cumulative G.P.A. of 3.30 on a scale of 4.00, have reached sophomore athletic and academic standings at his/her current institution and be nominated by his/her sports information director.

Since the program's inception in 1952, CoSIDA has bestowed Academic All-America honors on more than 14,000 student-athletes in Divisions I, II, III and NAIA, covering all NCAA championship sports.

For more information about the Academic All-America® Teams program, please visit www.cosida.com.

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2012 Capital One Academic All-America® Division II Men's Basketball Team

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Rory Blanche	Western Washington	Sr.	Ashland, Ore.	3.74	Manufacturing Engineering Tech.
Ryan Dougherty	Southwest Baptist	Sr.	Fort Worth, Tex.	3.62	Biology (Pre-Physical Therapy)
Desmond King	Texas A&M-Commerce	Sr.	Alexandria, La.	3.73	Kinesiology
Kramer Soderberg	Lindenwood	Sr.	St. Charles, Mo.	3.69	Mass Communications
Nick Trull	Anderson (S.C.)	Sr.	Charlotte, N.C.	3.90	Kinesiology

SECOND TEAM

Name	School	Yr.	Hometown	GPA	Major
Mike Dentlinger	Nebraska-Kearney	So.	Omaha, Neb.	3.95	Business Administration
David Downs	Seattle Pacific	So.	Kirkland, Wash.	3.80	Business Administration
Braydon Hobbs	Bellarmine	Sr.	New Albany, Ind.	3.53	Criminal Justice
Chris Johansen	Regis	Sr.	Albuquerque, N.M.	3.96	Business Management
Jonathan Morse	Metropolitan State	Jr.	Boulder, Colo.	3.55	Biology

THIRD TEAM

Name	School	Yr.	Hometown	GPA	Major
John Corrigan	Shippensburg	Sr.	Harrisburg, Pa.	3.97	History
Andrew Davis	Texas A&M-Commerce	Jr.	Richardson, Texas	4.00	Accounting
Robert Huntington	Nova Southeastern	Sr.	Perth, Australia	3.77	Exercise & Sports Science
Matt Morris	Fort Lewis	Sr.	Durango, Colo.	3.59	Business Administration
Steve Swiech	California (Pa.)	Gr.	Greenock, Pa.	3.70	Business Administration

Academic All-American of the Year: Nick Trull, Anderson





2012 Capital One Academic All-America[®] Division II Women's Basketball Team

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Brittany Cox	Pfeiffer	Jr.	Winston-Salem, N.C.	3.92	Sports Management
Megan Eul	Minnesota, Crookston	Sr.	Rosemount, Minn.	3.97	Early Childhood Education
Vanessa Jones	Nebraska-Kearney	Sr.	Colorado Springs, Colo.	3.96	Marketing & Business Admin.
Michelle McDonald	Winona State	Sr.	Johnsburg, Ill.	3.96	Elementary Education
Kaitlin Petri	Chadron State	Sr.	Kearney, Neb.	3.95	Business Administration

SECOND TEAM

Name	School	Yr.	Hometown	GPA	Major
Mikayla Barondeau	Northern State	Sr.	Frederick, S.D.	4.00	English Writing & Secondary Ed.
Lauren Battista	Bentley	So.	North Easton, Mass.	3.93	Marketing & liberal studies
Kelly Costello	Chaminade	Sr.	Wixom, Mich.	4.00	International Trade, Bus. Adm.
Sam Hoyt	Michigan Tech	Jr.	Arkansaw, Wis.	3.93	Mathematics
Traci Keyser	Fort Hays State	Jr.	Cambridge, Neb.	4.00	Management
Kaitlin Snyder	Fairmont State	Jr.	Charleston, W.Va.	3.71	Nursing

THIRD TEAM

Name	School	Yr.	Hometown	GPA	Major
Lydia Bridenbaugh	West Virginia Wesleyan	Sr.	Chillicothe, Ohio	3.80	Exercise Science
Nicole Bozek	Alaska Fairbanks	Gr.	Mukilteo, Wash.	3.80	Accounting (UG); Business (G)
Nikki Frederickson	Mercyhurst	Sr.	Jamestown, N.Y.	3.91	Biochemistry
Hanna Johansson	Alaska Anchorage	Sr.	Gothenburg, Sweden	3.66	Journalism, Public Comm.

Academic All-American of the Year: Michelle McDonald, Winona State

