



*CAPITAL ONE ACADEMIC ALL-AMERICA® TEAM
SELECTED BY CoSIDA*

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<http://www.capitaloneacademicallamerica.com/>

**STEPHEN LUNNEY OF MARTIN METHODIST, JESSICA RALPH OF
CAMPBELLVILLE TOP CAPITAL ONE ACADEMIC ALL-AMERICA®
COLLEGE DIVISION SOCCER TEAMS**

TOWSON, Md. – Junior goalkeeper **Stephen Lunney** of Martin Methodist College and senior forward **Jessica Ralph** of Campbellsville University lead the 2013 Capital One Academic All-America® College Division Men's and Women's Soccer Teams, as selected by the College Sports Information Directors of America (CoSIDA).

The Capital One Academic All-America® College Division soccer teams are comprised of student-athletes from NAIA, Canadian and two-year institutions.

Lunney and Ralph have been chosen as the winners of the Capital One College Division Academic All-America® of the Year award for the men's and women's soccer teams, respectively.

A junior goalkeeper from Dublin, Ireland, Lunney is a repeat Capital One Academic All-America® College Division selection, having made the second team in 2012. A second team All-Southern States Athletic Conference selection, Lunney helped Martin Methodist to the SSAC Tournament championship and a berth to the NAIA National Championship Opening Round with a 14-3-1 overall record.

A physical education major with a 3.95 G.P.A, Lunney has been a three-year starter for the RedHawks, starting 50 of a possible 53 games. This season, he boasts a 13-3-1 record with 59 saves. His 0.71 goals-against average ranks 11th in the NAIA. Lunney has posted seven shutouts this season and had a 452-minute scoreless streak this season.

A senior forward from Owensboro, Ky., Ralph earned Academic All-America® honors for the second straight season after being named to the second team last year. A first team All-Mid-South Conference selection, she led Campbellsville to an 11-5-1 record and a berth in the National Christian College Athletic Association Mid-East Region Tournament.

A business administration major with an emphasis in accounting has a perfect 4.0 grade point average, Ralph is the Tigers' all-time leader with 51 career goals and 114 career points. She led Campbellsville with a school-record 16 goals and four assists as a senior and was a two-time selection as the Mid-South Conference Player of the Week.

Capital One Academic All-America® Men's Soccer College Division Team

Joining Lunney on the 2013 Capital One Academic All-America® College Division Men's Soccer first team are senior **Yonda Abogunrin** of Olivet Nazarene University, senior **Taylor Esparza** of MidAmerica Nazarene University, senior **Scott Hayes** of Biola University, senior **Alan Vezza** of Embry-Riddle (Fla.) University, junior **Jack Keeling** of Jamestown College, junior **Javier Ramirez** of Ashford University, junior **Luis Trude** of William

Stephen Lunney, Jessica Ralph Top Capital One Academic All-America® College Division Soccer Teams

Carey University, senior **Marcelo Carreiro** of William Woods University, senior **Nathan Douglas** of Concordia (Neb.) University, and junior **Jason Walcutt** of the University of Saint Francis (Ind.).

A senior defender from Vernon Hills, Ill., Abogunrin helped Olivet Nazarene to a 15-5-1 overall record, the Chicagoland Collegiate Athletic Conference Tournament championship and a berth into the NAIA National Championship Tournament. Starting in all 21 games this season, Abogunrin has scored two goals for four points. He is an engineering major with a 3.89 G.P.A.

A senior biology major with a 3.76 G.P.A., Esparza is a defender and helped MidAmerican Nazarene to a 14-4-2 and an at-large bid to the NAIA National Championship Tournament. A third team All-Heart of America Athletic Conference selection, Esparza made the 2012 Capital One Academic All-America® College Division third team. He has one goal and one assist to his credit this season.

An intercultural studies major with a 3.96 G.P.A., Hayes hails from Folsom, Calif., and has helped Biola to a 14-4-1 overall record and a trip to the Golden State Athletic Conference Tournament championship match. Like Esparza, Hayes was a member of the 2012 Capital One Academic All-America® College Division third team. He ended the season with one goal and three assists.

A senior defender from Glasgow, Scotland, Vezza helped Embry-Riddle to a 13-3-0 record and to The Sun Conference semifinals. The Eagles received an at-large berth to the NAIA National Championship Tournament. Vezza is an applied meteorology major and carries a 3.59 G.P.A. He has tallied seven goals and three assists in 2013.

A junior physical education and elementary/secondary education major with a 3.83 G.P.A. from Leamington Spa, England, Keeling helped Jamestown to an 11-6-0 record this season. The midfielder scored four goals and dished out 10 assists as he ranked 22nd in the NAIA total assists. He also ranked 24th in game-winning goals per game at 0.26. As a team, the Jimmies ranked 19th in shutouts with seven.

A junior midfielder from Hidalgo, Mexico, Ramirez is a physical education major with a 3.92 G.P.A. He helped Ashford to a 13-4-1 overall record and to an at-large bid to the NAIA National Championship Tournament. In 18 games played, he has nine goals and seven assists this season.

A junior midfielder from Sao Paulo, Brazil, Trude is a business administration major with a 3.95 G.P.A. He helped William Carey to a 12-5-1 overall record as he was named the SSAC Player of the Year. He ranks second in the NAIA in assists per game at 1.0 and third in total assists with 15. Trude also has three goals to his credit to give him 21 points.

A sports management major with a 3.73 G.P.A., Carreiro is a senior forward from Curitiba, Brazil. He led William Woods in goals with 10 as the team ranked 49th in the NAIA in goals scored at 43. He also had six assists as the Owls finished the year 11-9-0. Carreiro earned first team All-American Midwest Conference honors in 2013 and made the 2012 Capital One Academic All-America® College Division second team.

A senior forward from Winnipeg, Manitoba, Canada, Douglas is a physics major with a 3.70 G.P.A. A 2012 Capital One Academic All-America® College Division third team honoree, Douglas led Concordia to a 10-9-0 record in earning All-Great Plains Athletic Conference first team honors. He ranks in the top 50 in the NAIA in eight categories including 26th in total game-winning goals (4), 27th in total points (35) and 29th in total goals (14).

A junior business administration major with a 3.73 G.P.A., Walcutt helped Saint Francis to a 14-5-1 overall record. The Fort Wayne, Ind., native ranks in the top 50 in the NAIA in eight categories including fifth in total game-winning goals (6), ninth in total goals (18) and 19th in total points (39). Walcutt is the 2013 Crossroads League Offensive Player of the Year as well as being an All-Crossroads League first team selection.

Stephen Lunney, Jessica Ralph Top Capital One Academic All-America® College Division Soccer Teams

The 11 members of the Capital One Academic All-America® College Division men's soccer first team have an average G.P.A. of 3.82.

Capital One Academic All-America® Women's Soccer College Division Team

Joining Ralph on the 2013 Capital One Academic All-America® College Division Women's Soccer first team are senior **Molly Cowley** and junior **Courtney Harlan** of Spring Hill College, junior **Michelle Marcus** of Davenport University, senior **Emelie Johansson** of St. Thomas (Fla.) University, senior **Kara Quinn** of MidAmerica Nazarene, junior **Lydia Storms** of Clarke University, senior **Alison Hensley** of Westmont College, junior **Amanda Roden** of Taylor University, senior **Carina Spengler** of Thomas (Ga.) University, and senior **Martine Olsen** of Embry-Riddle.

Cowley and Harlan led Spring Hill to a 10-8-1 record this season and a berth in the SSAC Tournament.

A senior defender from Jefferson City, Mo., Cowley started 16 games and earned a spot on the SSAC Champions of Character Team. An elementary education major with a 3.81 G.P.A., she scored four goals with six assists. A three-year starter at Spring Hill, Cowley scored seven goals with 10 assists in her career while starting 52 matches. She is also a two-time selection as a Daktronics-NAIA Scholar Athlete.

A management accounting major with a 3.97 G.P.A., Harlan started all 18 matches and was a second team selection for the All-SSAC team. A native of Mobile, Ala., she was the Badgers' leading scorer with 35 points while ranking second on the team with 12 goals. A two-year starter for Spring Hill, Harlan has scored 24 goals with 19 assists in her career.

A biometric security major with a perfect 4.0 G.P.A., Marcus earned a spot on the All-Wolverine-Hoosier Athletic Conference team after allowing just 11 goals in 19 matches. She ranks seventh in the NAIA with a 0.60 goals against average and has tallied 11 shutouts, second best in the NAIA. She owns the Davenport career records for wins (32) and shutouts (18) while setting single-season records with 17 wins and 12 shutouts this year. She is a five-time selection as the WHAC Defensive Player of the Week.

A senior defender from Karlstad, Sweden, Johansson is a psychology major with a 3.98 G.P.A. A starter in 13 of 15 matches as a senior, she led St. Thomas to seven shutouts and its first NAIA national ranking since 2001. A three-year starter for the Bobcats, Johansson served as a team captain as a senior and helped the Bobcats defeat three ranked opponents this year.

An education major with a 3.95 G.P.A., Quinn led MidAmerica Nazarene to the best season in program history with a 12-4-4 record. The Morrison, Colo. native started all 20 games for the Pioneers, scoring three goals with four assists. A four-time All-HAAC selection, she earned first team notice as a senior after anchoring a defense that posted nine shutouts. A starter in 68 career games, Quinn tallied six career goals with five assists.

A junior defender from Shoreview, Minn., Storms is a biology major with a perfect 4.0 G.P.A. She started all 18 games as a junior for the Crusaders and scored seven goals with one assist. With 15 points, she ranked second on the team. Named as an NAIA Scholar-Athlete as a junior, she is a four-time selection to the Dean's List.

Named to the Capital One Academic All-America® team for the third consecutive season, Olsen earned first team notice for the second year in a row. A starter in 16 of 17 games, the Hosle, Norway native tallied 11 goals with six assists while leading Embry-Riddle to a 14-3-1 record. A business administration major with a 3.84 G.P.A., Olsen is a two-time selection as a NAIA All-American who earned second team honors last year. The second-leading scorer in Embry-Riddle history with 166 career points, she ranks second all-time with 69 career goals while her 28 career assists rank fourth on the Eagles' all-time list.

Stephen Lunney, Jessica Ralph Top Capital One Academic All-America® College Division Soccer Teams

A three-time selection to the Capital One Academic All-America® team, Hensley earned first team recognition for the second consecutive year. A mathematics and Spanish major with a 3.96 G.P.A., Hensley has led Westmont College to a 15-0-3 record and a berth in the GSAC title match. The Huntington Beach, Calif., native has started 17 of 18 games this season and is the Warriors' second-leading scorer with five goals and an assist. She is a two-time selection as a GSAC Scholar-Athlete and has earned NAIA Scholar-Athlete honors twice.

A starter in 18 of 20 games this season, Roden is a biology major with a 4.0 G.P.A. and has helped Taylor to a 12-7-1 record. The Trojans' second-leading scorer with seven goals and 21 points, she has tallied a team-high seven assists this year. Named to the All-Crossroads League team this year, she has posted a pair of multi-goal games against Brescia and Marian and has scored two game-winning goals.

A business administration major with a 4.0 G.P.A., Spengler has started 16 of 17 games this season while leading Thomas to an 11-6-0 record. The Boeblingen, Germany, native led the Night Hawks with 18 goals and one assist. Named to the All-TSC first team in 2013, she was named as The Sun's recipient of the Champions of Character award and is a six-time Dean's List recipient.

The 11 members of the Capital One Academic All-America® College Division women's soccer first team have an average G.P.A. of 3.96. There are also five student-athletes with a perfect 4.0 G.P.A.

About Capital One

Capital One Financial Corporation (www.capitalone.com) is a financial holding company whose subsidiaries, which include Capital One, N.A., and Capital One Bank (USA), N. A., had \$206.9 billion in deposits and \$289.9 billion in total assets as of September 30, 2013. Headquartered in McLean, Virginia, Capital One offers a broad spectrum of financial products and services to consumers, small businesses and commercial clients through a variety of channels. Capital One, N.A. has more than 900 branch locations primarily in New York, New Jersey, Texas, Louisiana, Maryland, Virginia and the District of Columbia. A Fortune 500 company, Capital One trades on the New York Stock Exchange under the symbol "COF" and is included in the S&P 100 index.

To be eligible for Academic All-America® consideration, a student-athlete must be a varsity starter or key reserve, maintain a cumulative G.P.A. of 3.30 on a scale of 4.00, have reached sophomore athletic and academic standings at his/her current institution and be nominated by his/her sports information director.

Since the program's inception in 1952, CoSIDA has bestowed Academic All-America honors on more than 20,000 student-athletes in Divisions I, II, III and NAIA, covering all NCAA championship sports.

For more information about the Academic All-America® Teams program, please visit www.cosida.com

FOR MORE INFORMATION:

Michael MacEachern, Young Harris College (mfmaceachern@yhc.edu) (706) 379-5106
Academic All-America® Vice Co-Chair for Publicity/Communications

Jay Stancil, Union (Ky.) College (jstancil@unionky.edu) (606) 546-1292
Eric Rhew, Goldey-Beacom College (rhewe@gbc.edu) (302) 225-6330



2013 Capital One Academic All-America® Men's Soccer Team

FIRST TEAM

Pos.	Name	School	Yr.	Hometown	GPA	Major
GK	Stephen Lunney (2)	Martin Methodist	Jr.	Dublin, Ireland	3.95	Physical Education
D	Yonda Abogunrin	Olivet Nazarene	Sr.	Vernon Hills, Ill.	3.89	Engineering
D	Taylor Esparza (2)	MidAmerica Nazarene	Sr.	Olathe, Kan.	3.76	Biology
D	Scott Hayes (3)	Biola	Sr.	Folsom, Calif.	3.96	Intercultural Studies
D	Alan Vezza	Embry-Riddle (Fla.)	Sr.	Glasgow, Scotland	3.59	Applied Meteorology
M	Jack Keeling	Jamestown	Jr.	Leamington Spa, England	3.83	Physical Education / Elementary & Secondary Education
M	Javier Ramirez	Ashford	Jr.	Hidalgo, Mexico	3.92	Physical Education
M	Luis Trude	William Carey	Jr.	Sao Paulo, Brazil	3.95	Business Administration
F	Marcelo Carreiro (2)	William Woods	Sr.	Curitiba, Brazil	3.73	Sports Management / Management Information Systems
F	Nathan Douglas (3)	Concordia (Neb.)	Sr.	Winnipeg, Canada	3.70	Physics
F	Jason Walcutt	Saint Francis (Ind.)	Jr.	Fort Wayne, Ind.	3.73	Business Administration

SECOND TEAM

Pos.	Name	School	Yr.	Hometown	GPA	Major
GK	Christopher Eriksson	MidAmerica Nazarene	Sr.	Kungsbacka, Sweden	3.60	Organizational Leadership
D	Giuseppe Frattaroli	Menlo	Jr.	Caracas, Venezuela	3.90	Finance
D	Nate Huyser	Northwestern (Iowa)	So.	Omaha, Neb.	4.00	Biology / Health Professions
D	Stephen Mitchell	Asbury	Jr.	Lexington, Ky.	3.93	Pre-Med
D	Taian Souza	Auburn Montgomery	Sr.	Rio de Janeiro, Brazil	3.63	Business
M	Stephen Day	Biola	Jr.	Adelaide, Australia	3.89	Journalism
M	Kyle Hamlin	Grace	So.	Tipp City, Ohio	3.93	Mathematics
M	Elvar Sigurdsson (3)	Auburn Montgomery	Jr.	Kopavogur, Iceland	3.44	Biology
F	Daniel Chew	Biola	Sr.	Lake Forest, Calif.	3.65	Business Administration
F	Luiz Filho	Rio Grande	So.	Sao Paulo, Brazil	3.97	Business
F	Gordy Gurson	Robert Morris (Ill.)	Sr.	Buffalo Grove, Ill.	3.69	Applied Health Science

Academic All-American of the Year: Stephen Lunney, Martin Methodist

- (1) Capital One Academic All-America® first team selection in 2012
- (2) Capital One Academic All-America® second team selection in 2012
- (3) Capital One Academic All-America® third team selection in 2012

2013 Capital One Academic All-America® Women's Soccer Team



FIRST TEAM

Pos.	Name	School	Yr.	Hometown	GPA	Major
GK	Michelle Marcus	Davenport	Jr.	Ada, Mich.	4.00	Biometric Security
D	Molly Cowley	Spring Hill	Sr.	Jefferson City, Mo.	3.81	Elementary Education
D	Emelie Johansson	St. Thomas (Fla.)	Sr.	Karlstad, Sweden	3.98	Psychology
D	Kara Quinn	MidAmerica Nazarene	Sr.	Morrison, Colo.	3.95	Education
D	Lydia Storms	Clarke	Jr.	Shoreview, Minn.	4.00	Biology
M	Alison Hensley (1) (#)	Westmont	Sr.	Huntington Beach, Calif.	3.96	Mathematics / Spanish
M	Amanda Roden	Taylor	Jr.	Cincinnati, Ohio	4.00	Biology
M	Carina Spengler	Thomas	Sr.	Boeblingen, Germany	4.00	Business Administration
F	Courtney Harlan	Spring Hill	Jr.	Mobile, Ala.	3.97	Management Accounting
F	Martine Olsen (1) (@)	Embry-Riddle (Fla.)	Sr.	Hosle, Norway	3.84	Business Administration
F	Jessica Ralph (2)	Campbellsville	Sr.	Owensboro, Ky.	4.00	Business Administration (Accounting)

SECOND TEAM

Pos.	Name	School	Yr.	Hometown	GPA	Major
GK	Morgan Lynn (3)	Saint Ambrose	Jr.	Pekin, Ill.	3.97	Accounting & Finance
D	Morgan Aukshunas	Biola	Sr.	Orange, Calif.	3.80	Kinesiology
D	Bekah Gonzales	Trinity Christian	Sr.	Visalia, Calif.	3.42	Elementary Education
D	Annie Kessler	Ottawa	So.	Paola, Kan.	4.00	Biology
D	Sarah Patterson	Marian (Ind.)	Sr.	Greenwood, Ind.	3.91	Elementary Education
M	Holly Bennett	Grace	Jr.	Morton, Ill.	3.97	Communications / Youth Ministry
M	Lauren Cantin	Montreat	Jr.	London, Ontario	3.78	Biology
M	Ayaki Shinada	Lindsey Wilson	Jr.	Nagoya, Japan	3.47	Art
F	Christine Adams	Westmont	Jr.	Castle Rock, Colo.	3.90	Kinesiology
F	Ashley Dexter	Saint Ambrose	Gr.	Eldridge, Iowa	3.41	Master of Business Administration
F	Abby Zach	Saint Mary (Neb.)	Jr.	Gering, Neb.	3.72	Business Analytics / Strategic Communication

Academic All-American of the Year: Jessica Ralph, Campbellsville

- (1) Capital One Academic All-America® first team selection in 2012
- (2) Capital One Academic All-America® second team selection in 2012
- (3) Capital One Academic All-America® third team selection in 2012
- @ Capital One Academic All-America® second team selection in 2011
- # Capital One Academic All-America® third team selection in 2011

