



CAPITAL ONE ACADEMIC ALL-AMERICA® TEAM
SELECTED BY COSIDA

FOR RELEASE:

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**KATIE SLAY OF PENN STATE TOPS CAPITAL ONE
ACADEMIC ALL-AMERICA® DIVISION I VOLLEYBALL TEAM**

TOWSON, Md. – Senior middle blocker **Katie Slay** of Penn State University leads the 2013 Capital One Academic All-America® Division I volleyball team, as selected by the College Sports Information Directors of America (CoSIDA).

A communications sciences and disorders major with a 3.64 G.P.A., Slay has been named as the 2013 Capital One Academic All-America® of the Year.

Slay is the fourth different Penn State volleyball player to be named as the Academic All-America® of the Year. **Bonnie Bremner** won the award in 1998 and 1999 while **Christa Harmotto** was honored in 2008. In 2009, **Megan Hodge** was the Academic All-America® of the Year.

Slay has led the No. 2 Nittany Lions to a 30-2 record this season and a berth in the NCAA Regional round against Michigan State. She helped Penn State capture the Big Ten regular-season title with a 19-1 record and then won the tournament championship.

A native of Raleigh, N.C., Slay was named to the Big Ten All-Conference team for a third straight season. She leads Penn State with 1.64 blocks per set and a .404 attack percentage. She also averages 2.12 kills per set. Slay is ranked third in the nation in blocks and 24th in attack percentage.

A two-time American Volleyball Coaches Association (AVCA) second team All-American, she has also been named to the AVCA All-Region first team three times. The winner of the Big Ten Defensive Player of the Year award in 2011, she has been named Academic All-Big Ten three times. She has 602 blocks in her career and is sixth in school history.

Senior **Natalie Hagglund** of University of Southern California is the only player on the Capital One Academic All-America® NCAA Division I volleyball first team who is a repeat selection. She was on the third team in 2012.

Seniors **Stephanie Arnold** of Eastern Illinois University, **Camila Jersonsky** of Auburn University, **Shelby Kintzel** of University of Northern Iowa and **Sallie McLaurin** of University of Oklahoma complete the 2013 Capital One Academic All-America® Division I volleyball first team.

A biological sciences major with a 4.00 G.P.A., Arnold is a native of Oregon, Wis. A senior middle hitter, she led the Panthers to an 18-12 record while earning All-Ohio Valley Conference first team honors. She averaged 2.51 kills per set and 1.04 blocks per set while leading Eastern Illinois with a .339 attack percentage. Arnold finished her career ranked in the sixth in school history with 370 blocks.

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Katie Slay Leads Capital One Academic All-America® Division I Volleyball Team – page 2

A communications major with a 3.59 G.P.A., Hagglund was named third team Capital One Academic All-America® in 2012. A native of Encinitas, Cal., the libero is a two-time AVCA first team All-America selection. She has been named as the Pac-12 Conference Libero of the Year of three times. She leads the Pac-12 and ranks 14th in the nation with 5.30 digs per set. Hagglund owns the USC record with 2,310 career digs. She has led the No. 6 Trojans to a 28-5 record and a berth in the NCAA Regional round against Brigham Young.

An electrical and polymer/fibers engineering major with a 3.86 G.P.A., Jersonsky led Auburn to an 19-11 record this season. A talented middle blocker from Buenos Aires, Argentina, she owns the Auburn career record with a .355 hitting percentage. Honored as the Southeastern Conference Volleyball Scholar-Athlete of the Year, she also earned All-SEC first team honors. She finished her career ranked in Auburn's top 10 in total blocks (368), block assists (317), blocks per set (0.92) and solo blocks (51). She was a member of the Argentinean national team in 2011.

An elementary education, mathematics and literacy education major with a perfect 4.00 G.P.A., Kintzel has been named All-Missouri Valley Conference first team twice. A talented middle blocker, she led Northern Iowa to a 23-8 record while averaging 2.71 kills and 0.95 blocks per set along with a .308 attack percentage. Named to the AVCA all-region first team, she finished her career with 1,128 kills and 446 blocks and a 66-6 record in MVC play.

A health and exercise science major with a 3.73 G.P.A., McLaurin earned All-Big 12 first team honors four years in a row. A native of Midwest City, Okla., McLaurin became the first player to win Big 12 Offensive Player of the Week honors three consecutive weeks. A two-time AVCA All-American, she ranks 11th in the nation with a .423 attack percentage and 23rd with 1.37 blocks per set. She led the Oklahoma to a 24-8 record and berth in the NCAA Tournament in 2013. She finished her career with 1,351 kills and 558 blocks.

The six members of the Capital One Academic All-America® NCAA Division I Volleyball first team have an average G.P.A. of 3.80.

Juniors **Emma Deininger** of Radford, **Ayesha Hein** of U.S. Air Force Academy and **Annika Foit** of LIU Brooklyn join seniors **Becca Haraf** of Liberty, **Elizabeth Koberstein** of Marquette and **Macy Ubben** of Northern Iowa were named to the second team.

The third team is comprised of seniors **Courtney Cohen** of Troy, **Kristen Kelsay** of Michigan State, **Ali McCurdy** of Duke, **Brieanna Merriweather** of North Carolina State and **Chelsea Wintzinger** of Auburn. Graduate students **Veronica Munkeby** of North Dakota and **Bailey Webster** of Texas round out the 2013 Capital One Academic All-America® Division I volleyball third team.

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Smolinski Leads Capital One Academic All-America® Division III Volleyball Team – page 3

About Capital One

Capital One Financial Corporation (www.capitalone.com) is a financial holding company whose subsidiaries, which include Capital One, N.A., and Capital One Bank (USA), N. A., had \$206.9 billion in deposits and \$289.9 billion in total assets as of September 30, 2013.

Headquartered in McLean, Virginia, Capital One offers a broad spectrum of financial products and services to consumers, small businesses and commercial clients through a variety of channels. Capital One, N.A. has more than 900 branch locations primarily in New York, New Jersey, Texas, Louisiana, Maryland, Virginia and the District of Columbia. A Fortune 500 company, Capital One trades on the New York Stock Exchange under the symbol "COF" and is included in the S&P 100 index.

About the Capital One Academic All-America® Program

To be eligible for Academic All-America® consideration, a student-athlete must be a varsity starter or key reserve, maintain a cumulative G.P.A. of 3.30 on a scale of 4.00, have reached sophomore athletic and academic standings at his/her current institution and be nominated by his/her sports information director. Since the program's inception in 1952, CoSIDA has bestowed Academic All-America honors on more than 20,000 student-athletes in Divisions I, II, III and NAIA, covering all NCAA championship sports.

For more information about the Academic All-America® Teams program, please visit www.cosida.com.

FOR MORE INFORMATION:

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2013 Capital One Academic All-America® Division I Volleyball Team

Academic All-American of the Year: Katie Slay, Penn State

FIRST TEAM

Name	School	Yr.	Hometown	GPA	Major
Stephanie Arnold	Eastern Illinois	Sr.	Oregon, Wis.	4.00	Biological Sciences
Natalie Hagglund (3)	Southern California	Sr.	Encinitas, Calif.	3.59	Communications
Camila Jersonsky	Auburn	Sr.	Buenos Aires, Argentina	3.86	Engineering (Dbl. Major)
Shelby Kintzel	Northern Iowa	Sr.	Mount Vernon, Iowa	4.00	Elem. Ed., Math. Literacy Ed.
Sallie McLaurin	Oklahoma	Sr.	Midwest City, Okla.	3.73	Health & Exercise Science
Katie Slay	Penn State	Sr.	Raleigh, N.C.	3.64	Comm. Sciences & Disorders

SECOND TEAM

Name	School	Yr.	Hometown	GPA	Major
Emma Deininger	Radford	Jr.	Wallingford, Pa.	4.00	Accounting Finance
Becca Haraf	Liberty	Sr.	Arlington Heights, Ill.	4.00	Biology, Pre-Med
Ayesha Hein	U.S. Air Force Academy	Jr.	Honolulu, Hawaii	3.99	Astronautical Engineering
Annika Foit	LIU Brooklyn	Jr.	Hausach, Germany	3.97	Chemistry
Elizabeth Koberstein	Marquette	Sr.	Madison, Wis.	3.77	Nursing
Macy Ubben	Northern Iowa	Sr.	Ackley, Iowa	3.93	Biology & Biochemistry

THIRD TEAM

Name	School	Yr.	Hometown	GPA	Major
Courtney Cohen	Troy	Sr.	Woodstock, Ga.	3.96	Biomedical Sciences
Kristen Kelsay	Michigan State	Sr.	Wheaton, Ill.	3.85	Psychology
Ali McCurdy	Duke	Sr.	Tampa, Fla.	3.43	Sociology
Brieanna Merriwether	North Carolina State	Sr.	Orlando, Fla.	3.98	Biological Sciences
Veronica Munkeby	North Dakota	Gr.	Lisbon, N.D.	4.00	Exer. Science (UG); General(G)
Bailey Webster	Texas	Gr.	Baltimore, Md.	3.43	Advertising
Chelsea Wintzinger	Auburn	Sr.	Huntsville, Ala.	3.93	Pharmacy

(3) *Capital One Academic All-America® University Division third team selection in 2012*